

												Machine Weight			
Product No.	Description	Length		Width		Height		Light Stack		Standard Stack		Light		Standard	
		IN.	CM	IN.	CM	IN.	CM	LBS	Kg	LBS	Kg	LBS	Kg	LBS	Kg
13200	Ab / Back Extension	49	123	47	118	62	157	130	59	190	86	410	186	470	214
13230	Biceps / Triceps	52	132	43	109	89	226	100	45	145	66	320	145	365	166
13240	Multi-Press	78	198	51	130	62	157	150	68	220	100	412	187	482	219
13250	Lat/ Row	73	185	50	127	83	211	150	68	220	100	426	194	496	225
13260	Leg Extension/ Leg Curl	66	168	41	104	62	157	100	45	145	66	392	178	437	199