

LifeFitness
ASPIRE CARDIO

RECUMBENT BIKE

STREAMLINED COMFORT

Comfortable and inviting experiences for exercisers at any fitness level. Aspire Cardio employs a sleek, modern design with a functionality that is rooted in more than 20 years of innovation and reliability.

FEATURED:
Aspire Recumbent Bike with SL
Console in Smooth Charcoal.



COMFORTABLE RIDE

A backrest, lumbar support and a wrap-around adjustment lever combine to help exercisers achieve maximum comfort.



GET-ON-AND-GO ACCESSIBILITY

Step-through design and front assist handle allow for easy entry and exit. Wide, self-leveling pedals with simple buckle straps allow exercisers to get started quickly.



GENERATOR DRIVE SYSTEM

Drive system with 8-ribbed poly-V belt resistance provides a smooth, quiet operation and requires limited maintenance.

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INTUITIVE CONSOLE TECHNOLOGY

The SL Console combines simple functionality with advancements in exerciser interaction like Bluetooth® connection and Apple Watch® compatibility.

SL CONSOLE



LED evolution. Includes advancements in exerciser interaction like Apple Watch® compatibility and Bluetooth® connection.

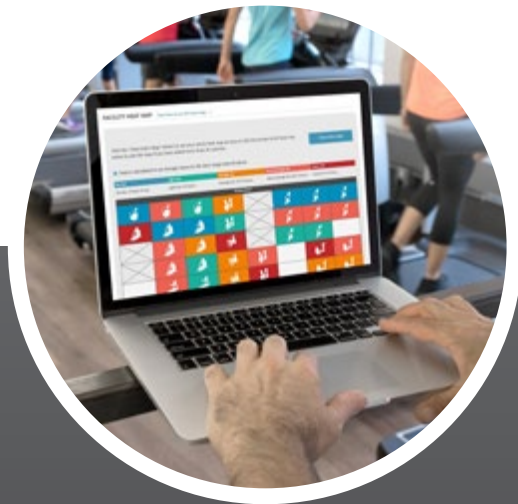
An LED with aesthetics. A fresh, modern look that's more appealing than other LED consoles.

Service is made easy. Facilities can set preventive maintenance metrics and be alerted with an on-console service notification.



SERVICEABILITY

Aspire Cardio has been designed to offer easy access for maintenance and servicing to keep your equipment lasting longer and reduce downtime.



HALO FITNESS CLOUD

Halo offers insights into equipment use and exerciser behavior. It also allows for seamless software updates, facility-wide equipment settings, and service notifications.

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BASE FEATURES	
Step-through design	•
Easy-adjust pedal straps	•
Standard Wide Ride™ Pedals	•
Seat with lumbar support	•
Wrap-around seat adjustment lever	•
Fine-tuned seat adjustment positions	41
Resistance levels	0-25
Maximum resistance (Watts)	900+
Removable locking cup holders	1
Integrated accessory tray	•
FRAME	
Generator Drive System	•
Front wheels for easy mobility	•
Adjustment levelers for product stability	•
Quick-release removable shroud for simple serviceability	•
Robust paint (corrosion, stain, and chemical resistant coating)	•
Color options	Arctic Silver, Smooth Charcoal

TECHNICAL SPECIFICATIONS	
Max user weight	400 lbs (181 kg)
Length	67" (170 cm)
Width	26" (66 cm)
Height	51.5" (131 cm)
Unit weight	298 lbs (135 kg)
POWER REQUIREMENTS	
Self-powered	•
Auto Start: Brings power to console when user begins pedaling	•
120V, 20A or 230V, 10A (varies by country) outlet with dedicated line, neutral, ground wires and dedicated circuit breaker	Required for Attachable TV
Japan: 100V, 20A or 200V, 10A outlet with dedicated line, neutral, ground wires and dedicated circuit breaker	Required for Attachable TV
WARRANTY*	
Parts and Labor	3 Years
* Visit LifeFitness.com/warranties for full warranty details.	
PRODUCT MODELS/SKUS	
SL Console	ASPR-SL

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