

# Planet Fitness Commercial Strength

## Parts Manual



Use this parts list in conjunction with standard  
Life Fitness parts manuals for parts identification

# Planet Fitness - Commercial Strength

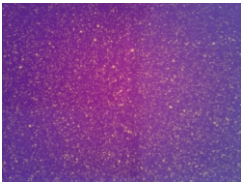
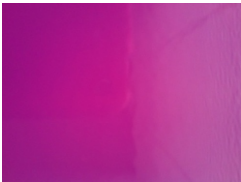
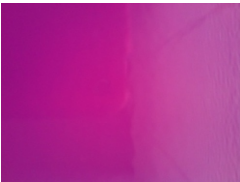
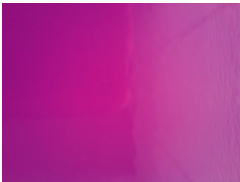
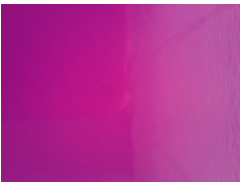
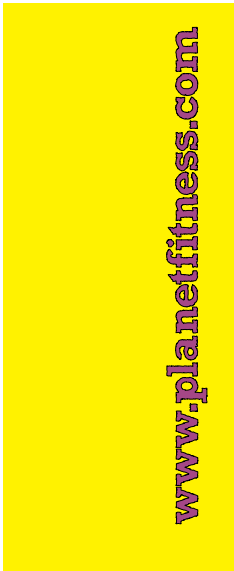
## Contents

---

|                                                             |        |
|-------------------------------------------------------------|--------|
| Introduction .....                                          | PAGE 3 |
| Introduction - continued .....                              | 4      |
| Powder Coated Surfaces .....                                | 5      |
| Signature Care Instructions .....                           | 6      |
| Version 2 Signature Single Station Shrouds and Decals ..... | 7      |
| Version 3 Signature Single Station Shrouds and Labels ..... | 8      |
| Version 2 Cable Motion/Multi Jungle/Synrgy Shrouds .....    | 9      |
| Version 4 Cable Motion/Multi Jungle/Synrgy Shrouds .....    | 10     |
| Version 4 Synrgy Shrouds .....                              | 11     |
| Version 4 Synrgy Shrouds - continued .....                  | 12     |
| Version 2 Pro2 Shrouds and Decals .....                     | 13     |
| Version 3 Pro2 Shrouds and Decals .....                     | 14     |
| Version 2 MTS Shrouds .....                                 | 15     |
| Version 3 MTS Shrouds and Labels .....                      | 16     |
| Version 3 Insignia Shrouds .....                            | 17     |
| Version 6 Insignia Shrouds .....                            | 18     |

# Planet Fitness - Commercial Strength Introduction

There have been six versions of Planet Fitness customized Life Fitness strength products.

| Version 1                                                                                                                                               | Version 2                                                                                                                                               | Version 3                                                                                                                                               | Version 4                                                                            | Version 5                                                                            |
|---------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| Purple/Yellow fleck frame paint<br>Painted Yellow Shrouds<br>Planet Fitness logos                                                                       | Purple frame paint<br>Vinyl wrapped shrouds<br>Planet Fitness logos                                                                                     | Purple frame paint<br>Vinyl wrapped shrouds<br>Planet Fitness logos                                                                                     | Purple frame paint<br>Vinyl wrapped shrouds                                          | Purple frame paint<br>Vinyl wrapped shrouds                                          |
|                                                                        |                                                                        |                                                                        |   |   |
|                                                                       |                                                                       |                                                                       |  |  |
| <a href="http://www.planetfitness.com">www.planetfitness.com</a><br> | <a href="http://www.planetfitness.com">www.planetfitness.com</a><br> | <a href="http://www.planetfitness.com">www.planetfitness.com</a><br> |                                                                                      |                                                                                      |

# Planet Fitness - Commercial Strength

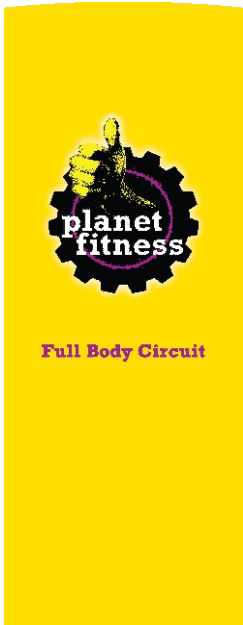
## Introduction - continued

---

There have been six versions of Planet Fitness customized Life Fitness strength products.

### Version 6

Purple frame paint  
Vinyl wrapped shrouds



# Planet Fitness - Commercial Strength

## Powder Coated Surfaces

First version Planet Fitness machines use Purple base paint with Yellow fleck.



TOUCH-UP PAINT  
0.6 Ounce Bottle-3249498  
(does not contain Yellow fleck)

Planet Fitness machines afterwards use solid Purple color paint.

Note: Purples used are different.



TOUCH-UP PAINT  
0.5 Ounce Bottle - 3249413  
4.5 Ounce Aerosol Can - 3249313

The cut-off date from version 1 to version 2 is Sept. 9, 2009. All machines built prior are version 1, all machines on or after that date are version 2/3. This serial number rule affects all Signature, Pro2, Cable Motion and Hammer Strength MTS models.

Example: FZLR0909001 = 2nd version  
(product/mm/yy/##)

For Hammer Strength products not listed above, use the below serial number matrix to determine revision. Below serial numbers are the beginning of version 2 units.

| Model | Serial Number |
|-------|---------------|
| BWBE  | 5014          |
| BWCDL | 818           |
| BWGH  | 830           |
| BWGHF | 202           |

| Model  | Serial Number |
|--------|---------------|
| FWAC   | 6463          |
| FWBPL  | 978           |
| FWDB   | 3339          |
| FWDR2  | 14482         |
| FWFB   | 8891          |
| FWUB75 | 5025          |

| Model | Serial Number |
|-------|---------------|
| GBJ   | 7460          |
| GBSHP | 541           |

| Model | Serial Number |
|-------|---------------|
| HDMR8 | 196           |
| HDPR8 | 1064          |

| Model | Serial Number |
|-------|---------------|
| ILDCP | 4958          |
| ILFMP | 4056          |
| ILIPH | 8264          |
| ILKLC | 1789          |
| ILLP  | 4371          |
| ILLR  | 5396          |
| ILSP  | 9289          |

| Model | Serial Number |
|-------|---------------|
| ODB   | 3711          |
| OFB   | 11728         |
| OMB   | 2078          |
| OSR   | 3143          |

| Model | Serial Number |
|-------|---------------|
| PLAB  | 256           |
| PLBI  | 7817          |
| PLLE  | 1933          |
| PLSH  | 3160          |
| PLTIB | 3465          |
| PLVSQ | 2990          |

The cut-off date from version 2 to version 3 is June, 18, 2013. All machines built prior are version 2; all machines on or after that date are version 3.

| Serial Number |
|---------------|
| FZAB0613035   |
| FZBC0613023   |
| FZBE0613022   |
| FZCE0613011   |
| FZCP0613035   |
| FZFRD0613015  |
| FZGL0613019   |
| FZHAB0613021  |
| FZHAD0613021  |
| FZLE0613042   |
| FZPD0613025   |
| FZRW0613029   |
| FZSLC0613028  |
| FZSLP0613032  |
| FZSP0613027   |
| FZTP0613024   |
| FZTR0613025   |

| Serial Number |
|---------------|
| FWMAB0613114  |

| Serial Number |
|---------------|
| HSLLP0613027  |
| HSSM0613038   |

| Serial Number |
|---------------|
| MJAP0613033   |
| MJLP0613024   |
| MJLPD0613020  |
| MJRW0613021   |
| MJRWD0613015  |
| MJTP0613028   |

| Serial Number |
|---------------|
| MTSAB0613019  |
| MTSCP0613011  |
| MTSFP0613011  |
| MTSIP0613011  |
| MTSRW0613012  |
| MTSSP0613009  |

| Serial Number |
|---------------|
| PSABC0613009  |
| PSADC0613008  |
| PSADC0613009  |
| PSBC0613001   |
| PSFLY0613003  |

### NOTE:

When ordering painted weldments, include the 4-digit color code below within the order notes:

PFPF = 1st version Planet Fitness Purple/Yellow Fleck

PFSP = later versions Planet Fitness Solid Purple

**\*\*\*DO NOT REMOVE AT INSTALLATION\*\*\***

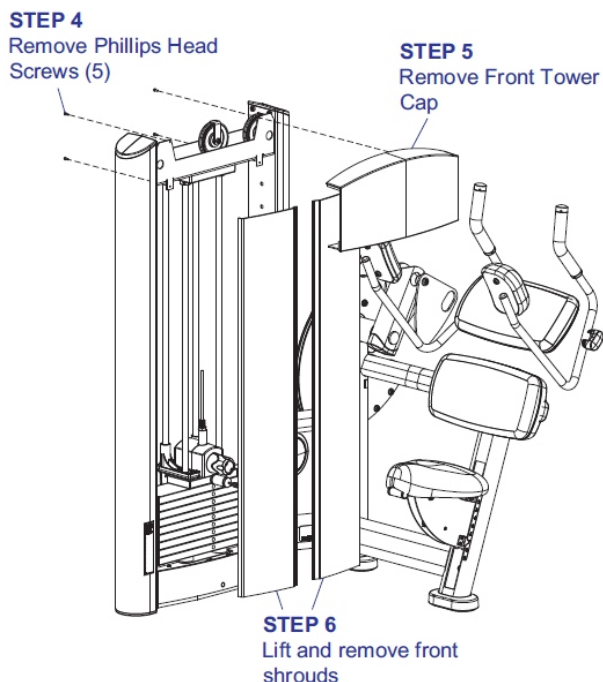
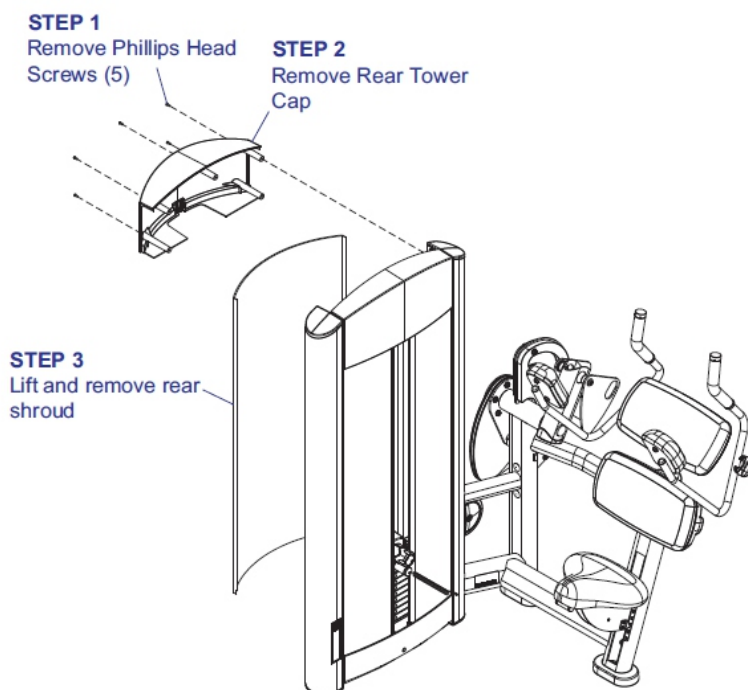
## Signature Series Shroud Care Instructions

Thank you for purchasing a customized Signature Series product. The following instructions were developed for you to properly care for the custom shrouds.

### Rear Shrouds

When removing the rear shrouds the tower cap must be disassembled prior to removing the main rear shroud.

*Note: Do not remove the shrouds by sliding them out prior to taking the top cap off first.*



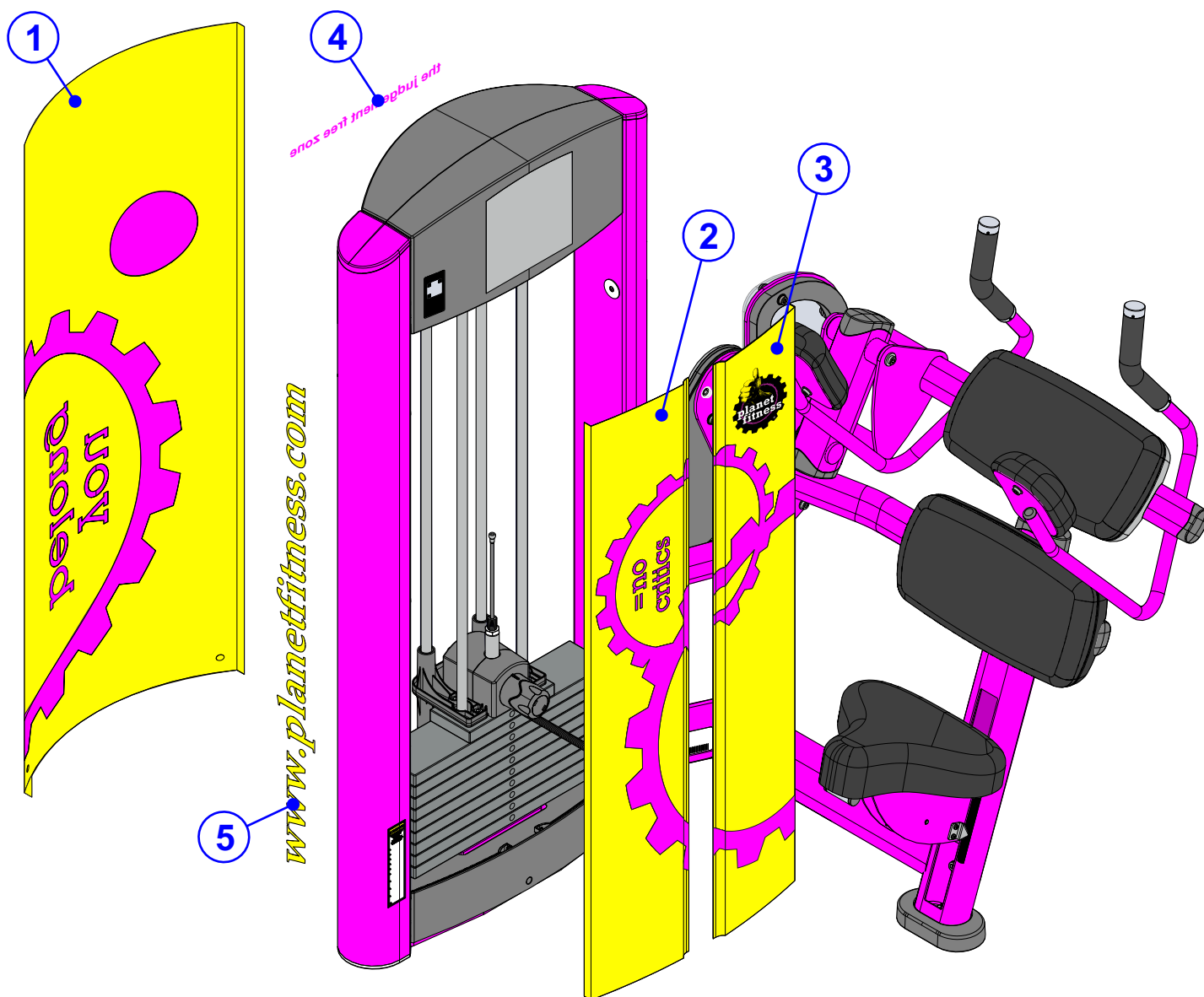
### Front Shrouds

When removing the front shrouds the rear top cap must be removed first (see step 1). Then the front top cap can be removed. Once removed the left and right shrouds can be slid out of place.

*Note: Do not remove the shrouds by sliding them out prior to taking the top cap off first.*

**\*\*\*DO NOT REMOVE AT INSTALLATION\*\*\***

## Version 2 Signature Single Station Shrouds and Decals

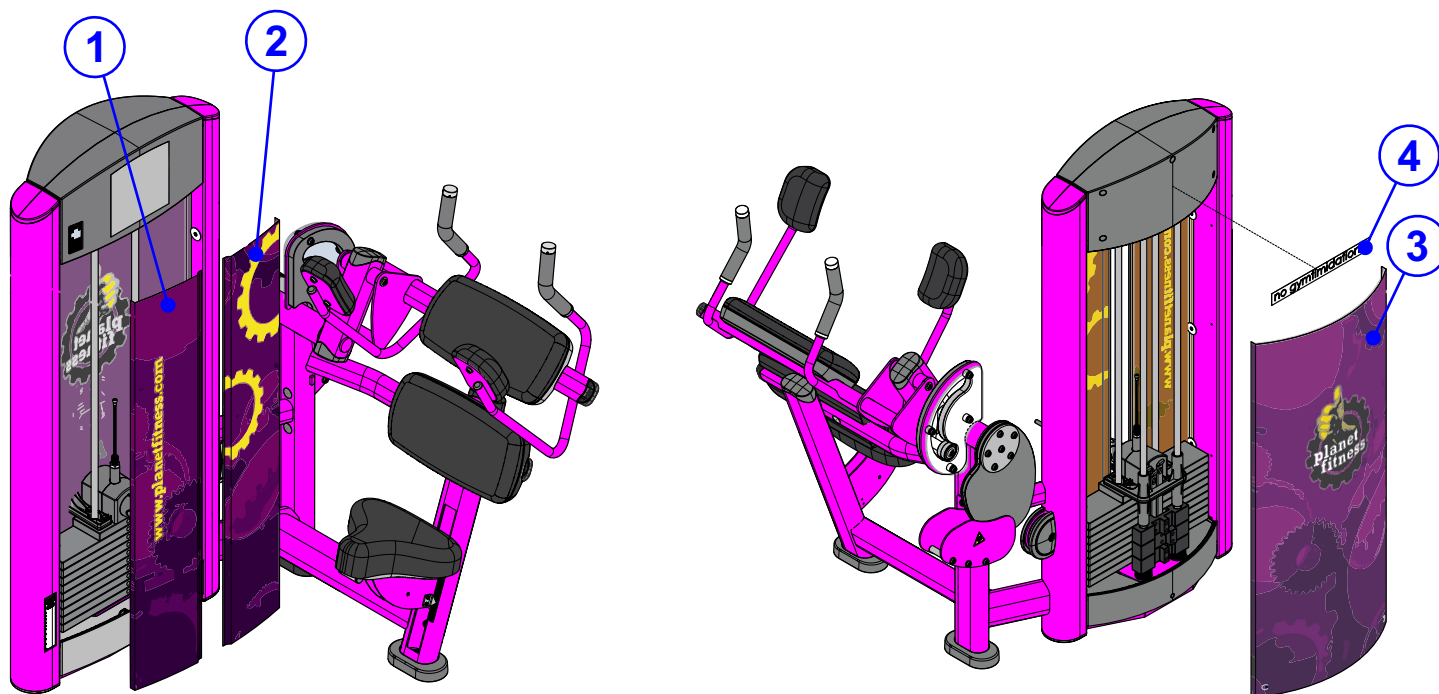


| FZ MODEL                            | ITEM NO. | QTY. | PART NO. | DESCRIPTION                            |
|-------------------------------------|----------|------|----------|----------------------------------------|
| All <b>FZ</b> minus<br><b>FZSLP</b> | 1        | 1    | 8798501  | SHROUD, FZ STD, PLANET FITNESS, REAR   |
|                                     | 2        | 1    | 8798601  | SHROUD, FZ STD, PLANET FITNESS, LT FNT |
|                                     | 3        | 1    | 8798701  | SHROUD, FZ STD, PLANET FITNESS, RT FNT |
| <b>FZSLP</b><br>Seated Leg<br>Press | 1        | 1    | 8798502  | SHROUD, FZSLP, PLANET FITNESS, REAR    |
|                                     | 2        | 1    | 8798602  | SHROUD, FZ STD, PLANET FITNESS, LT FNT |
|                                     | 3        | 1    | 8798702  | SHROUD, FZ STD, PLANET FITNESS, RT FNT |
| All                                 | 4        | 1    | 8281001  | LABEL, PLANET FITNESS TJFZ             |
| All                                 | 5        | 1    | 8281102  | LABEL, PLANET FITNESS, WEB, YELLOW     |

**Supplies limited; will not be re-ordered once out of stock.**

# Planet Fitness - Commercial Strength

## Version 3 Signature Single Station Shrouds and Labels



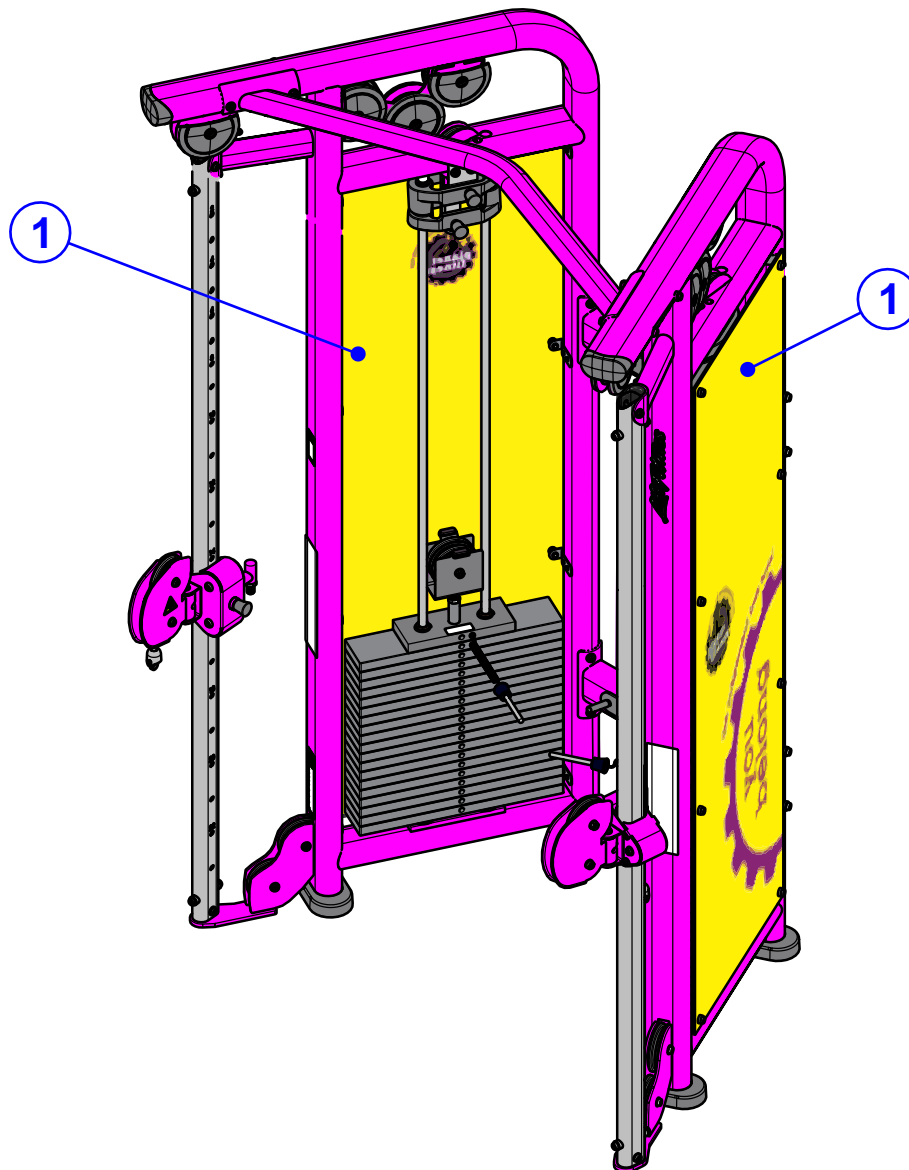
| FZ MODEL                         | ITEM NO. | QTY. | PART NO. | DESCRIPTION                            |
|----------------------------------|----------|------|----------|----------------------------------------|
| All <b>FZ</b> minus <b>FZSLP</b> | 1        | 1    | 9234701  | SHROUD, FZ STD, PLANET FITNESS, LT FNT |
|                                  | 2        | 1    | 9234801  | SHROUD, FZ STD, PLANET FITNESS, RT FNT |
|                                  | 3        | 1    | 9234601  | SHROUD, FZ STD, PLANET FITNESS, REAR   |
|                                  | 4        | 1    | 9302801  | DECAL, FZ SHROUD CAP, PLANET FITNESS   |

| FZ MODEL                         | ITEM NO. | QTY. | PART NO. | DESCRIPTION                           |
|----------------------------------|----------|------|----------|---------------------------------------|
| <b>FZSLP</b><br>Seated Leg Press | 1        | 1    | 9234702  | SHROUD, FZSLP, PLANET FITNESS, LT FNT |
|                                  | 2        | 1    | 9234802  | SHROUD, FZSLP, PLANET FITNESS, RT FNT |
|                                  | 3        | 1    | 9234602  | SHROUD, FZSLP, PLANET FITNESS, REAR   |
|                                  | 4        | 1    | 9302801  | DECAL, FZ SHROUD CAP, PLANET FITNESS  |

NOTE: The Seated Leg Press (FZSLP) uses taller shrouds

# Planet Fitness - Commercial Strength

## Version 2 Cable Motion/Multi-Jungle/Synrgy Shrouds



### CABLE MOTION / MULTI JUNGLE

| UNIT                                                                                                     | ITEM NO. | QTY. | PART NO. | DESCRIPTION                             |
|----------------------------------------------------------------------------------------------------------|----------|------|----------|-----------------------------------------|
| CMACO Adj. Cross Over<br>CMCC Cable Cross Over<br>CMDAP Dual Adjustable Pulley<br>CMFCO Fixed Cross Over | 1        | 2    | 8799001  | SHROUD, CM/MJ, PLANET FITNESS, REAR     |
| CMCP Chest Press<br>CMSP Shoulder Press                                                                  | 1        | 2    | 8799101  | SHROUD, CM, PLANET FITNESS, REAR, SHORT |
| CMPD Pull Down<br>CMRW Row                                                                               | 1        | 2    | 8799102  | SHROUD, CM, PLANET FITNESS, REAR, LONG  |

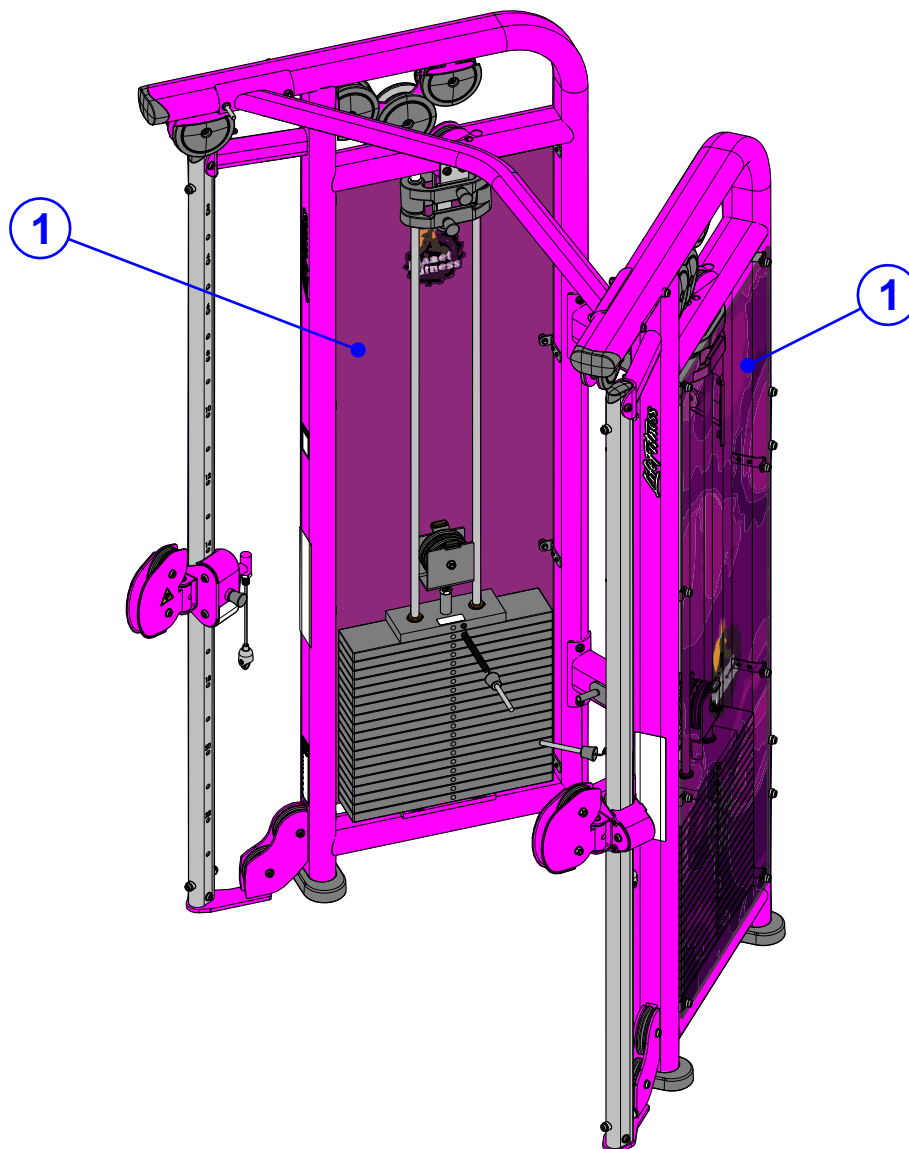
### SYNRGY 360

| UNIT                                   | ITEM NO. | QTY. | PART NO. | DESCRIPTION                         |
|----------------------------------------|----------|------|----------|-------------------------------------|
| All Synrgy 360 Cable Units<br>(FXT...) | 1        | 1    | 8799001  | SHROUD, CM/MJ, PLANET FITNESS, REAR |

Above shrouds wrapped front and back

# Planet Fitness - Commercial Strength

## Version 5 Cable Motion/Multi-Jungle/Synrgy Shrouds



### CABLE MOTION / MULTI JUNGLE

| UNIT                                                                                                     | ITEM NO. | QTY. | PART NO. | DESCRIPTION                             |
|----------------------------------------------------------------------------------------------------------|----------|------|----------|-----------------------------------------|
| CMACO Adj. Cross Over<br>CMCC Cable Cross Over<br>CMDAP Dual Adjustable Pulley<br>CMFCO Fixed Cross Over | 1        | 2    | 9436301  | SHROUD, CM/MJ, PLANET FITNESS, REAR     |
| CMCP Chest Press<br>CMSP Shoulder Press                                                                  | 1        | 2    | 9436201  | SHROUD, CM, PLANET FITNESS, REAR, SHORT |
| CMPD Pull Down<br>CMRW Row                                                                               | 1        | 2    | 9436202  | SHROUD, CM, PLANET FITNESS, REAR, LONG  |

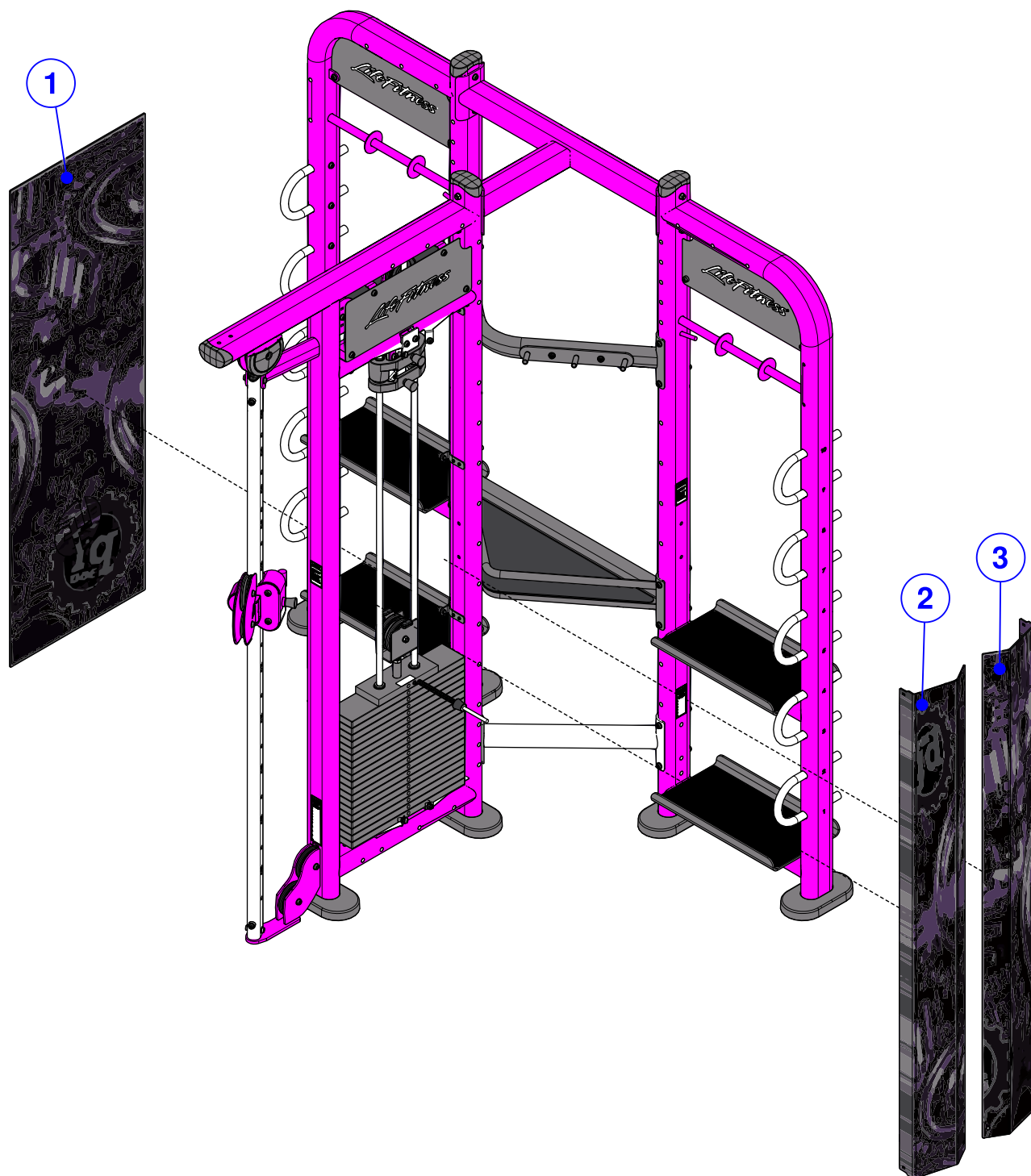
### SYNRGY 360

| UNIT                                          | ITEM NO. | QTY. | PART NO. | DESCRIPTION                         |
|-----------------------------------------------|----------|------|----------|-------------------------------------|
| All Synrgy Cable Units<br>(FXT... and SYN...) | 1        | 1    | 9436301  | SHROUD, CM/MJ, PLANET FITNESS, REAR |

Above shrouds wrapped front and back

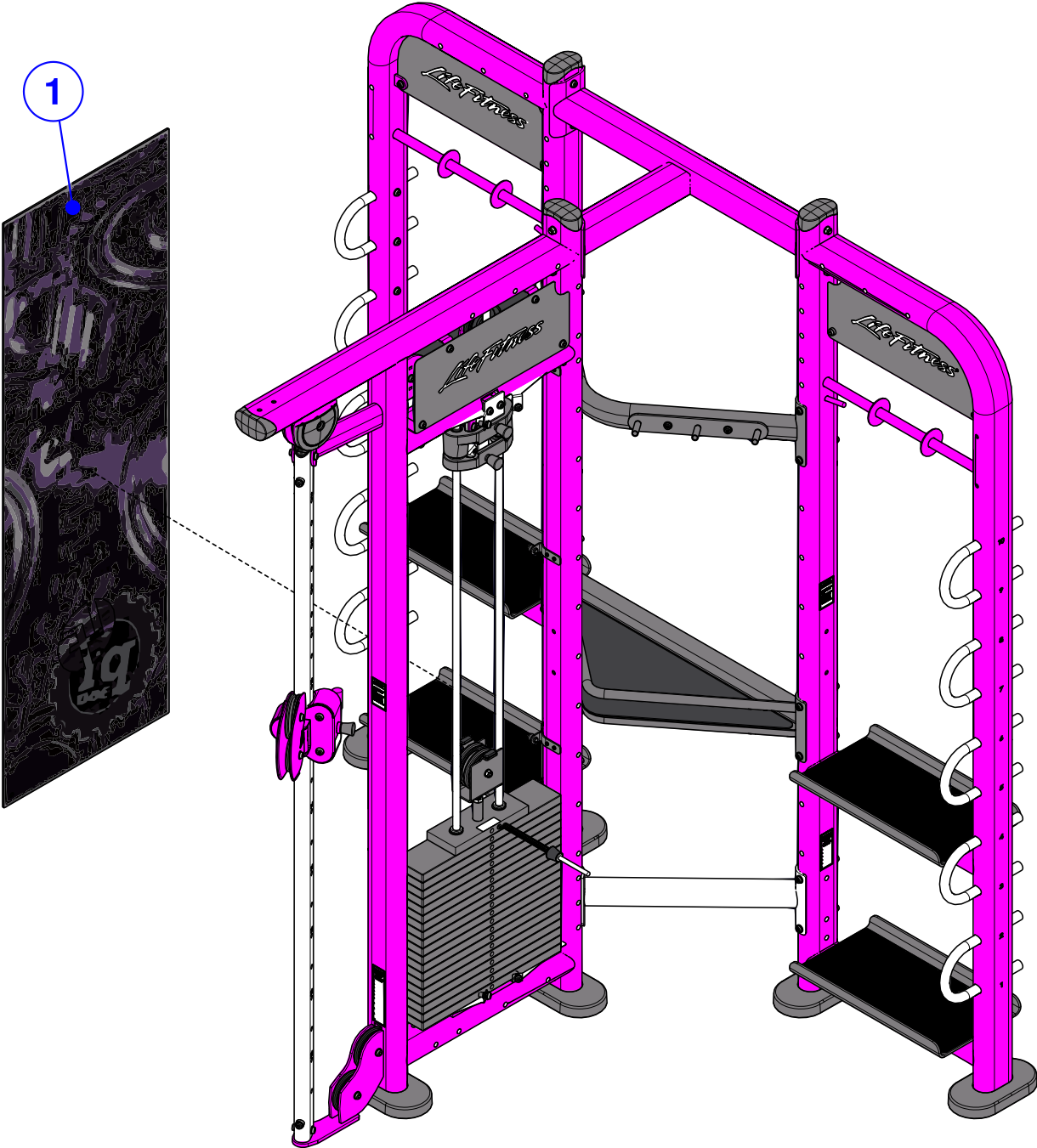
# Planet Fitness - Commercial Strength

## Version 4 Synrgy Shrouds



| MODEL                          | ITEM NO. | QTY. | PART NO. | DESCRIPTION                             |
|--------------------------------|----------|------|----------|-----------------------------------------|
| ANY FXT<br>WITH CABLE<br>SPACE | 1        | 1    | 9426601  | SHROUD, SYNRGY, REAR -PLANET FITNESS    |
|                                | 2        | 1    | 9426901  | SHROUD, SYNRGY, FNT, LT -PLANET FITNESS |
|                                | 3        | 1    | 9426701  | SHROUD, SYNRGY, FNT, RT -PLANET FITNESS |

Planet Fitness - Commercial Strength  
Version 4 Syngy Shrouds - continued

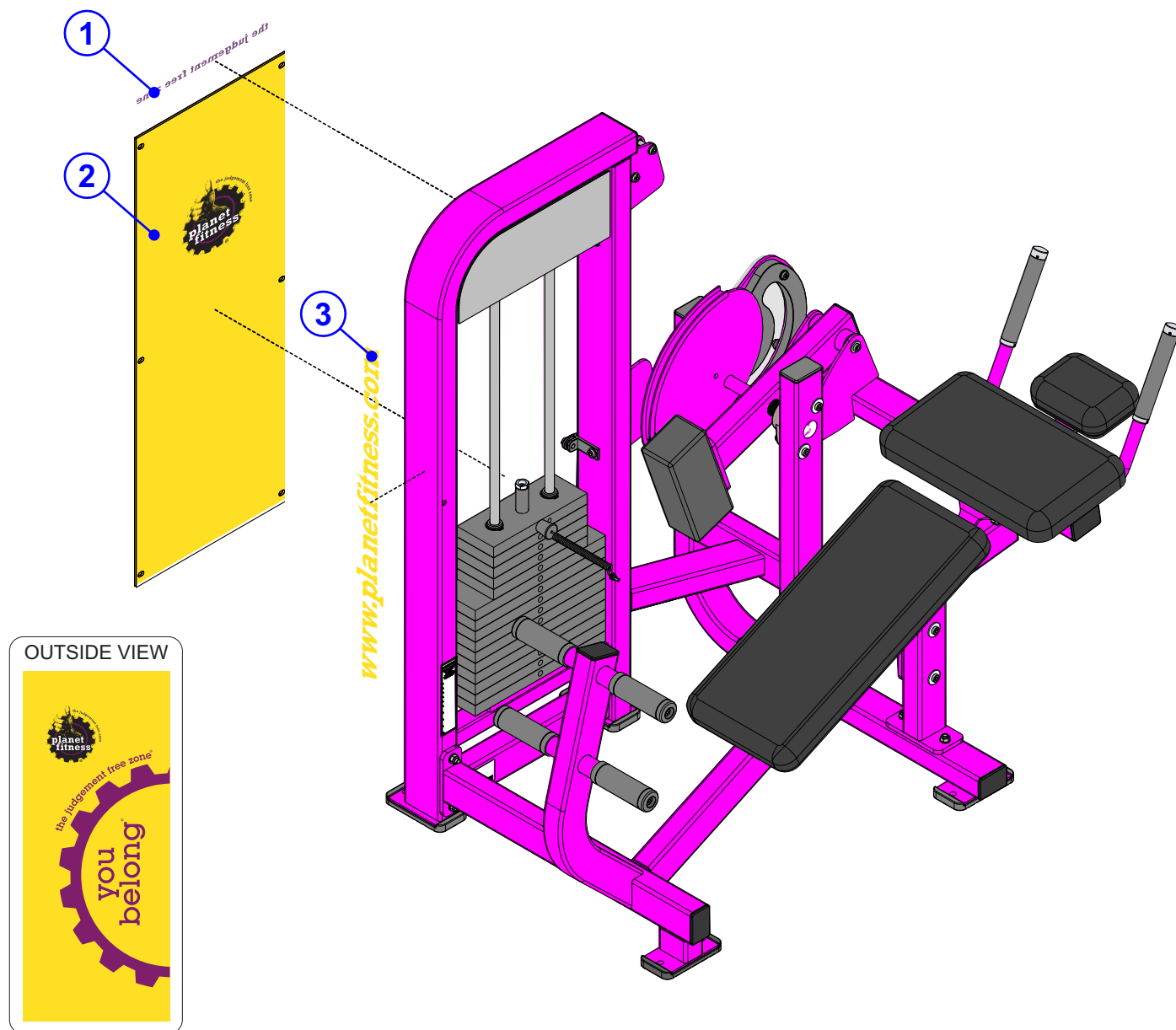


| MODEL                    | ITEM NO. | QTY. | PART NO.     | DESCRIPTION                     |
|--------------------------|----------|------|--------------|---------------------------------|
| ANY FXT WITH CABLE SPACE | 1        | 1    | 1026282-0001 | ASSY: SHROUD, SYNRGY, REAR - PF |

Above shrouds wrapped front and back

# Planet Fitness - Commercial Strength Version 2 Pro2 (base and SE) Shrouds

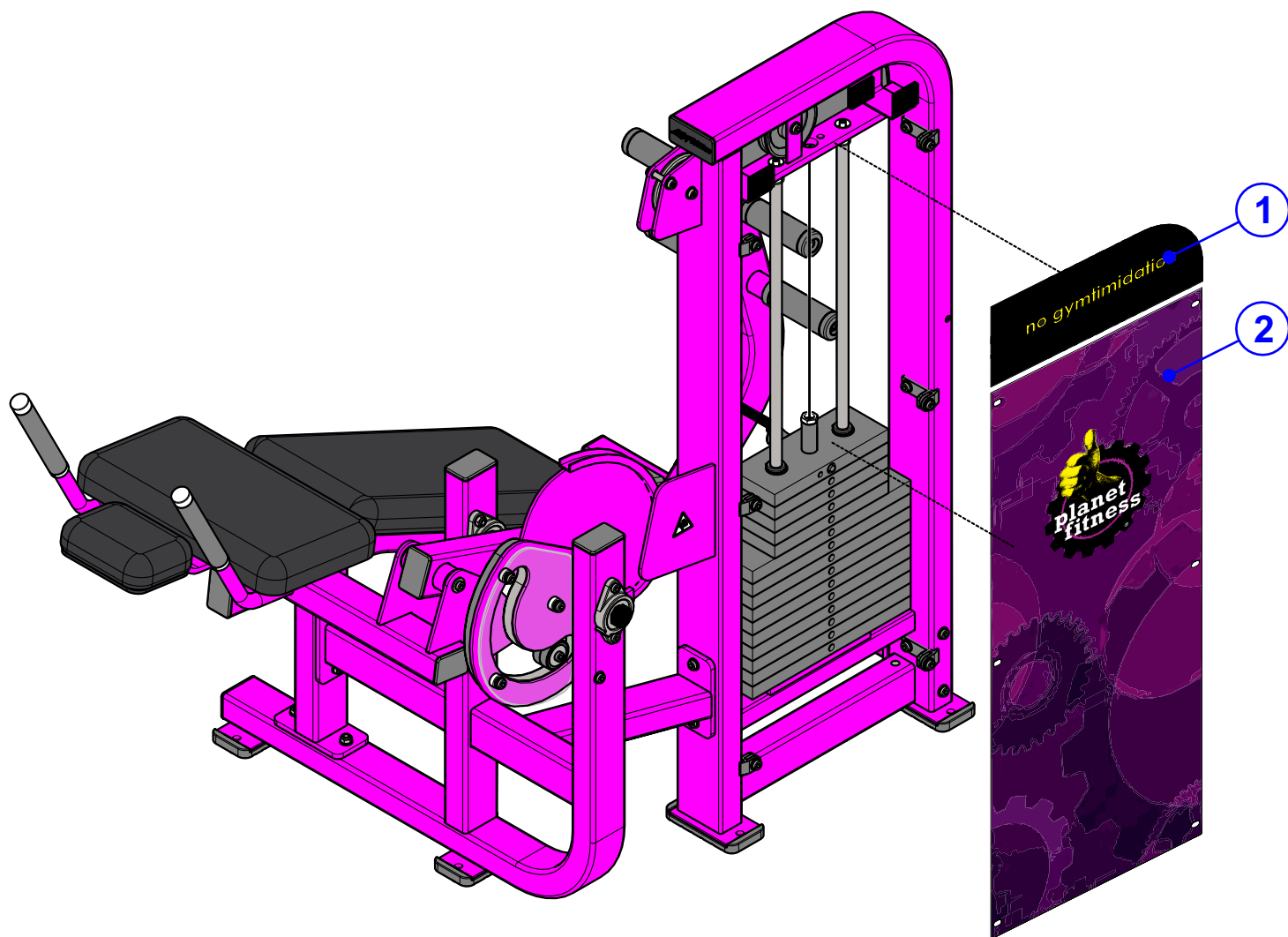
Supplies limited; will not be re-ordered once out of stock.



| ITEM NO. | PRO2 MODEL                                                           | PART NO. | QTY. | DESCRIPTION                             |
|----------|----------------------------------------------------------------------|----------|------|-----------------------------------------|
| 1        | All Pro2                                                             | 8281001  | 1    | LABEL, PLANET FITNESS TJFZ              |
| 2        | PSABC Abdominal Crunch<br>PSBC Biceps Curl<br>PSTE Triceps Extension | 8798801  | 1    | SHROUD, PS, PLANET FITNESS, REAR, SHORT |
| 3        | All Pro2                                                             | 8281102  | 1    | LABEL, PLANET FITNESS, WEB, YELLOW      |

# Planet Fitness - Commercial Strength

## Version 3 Pro2 (base and SE) Shrouds and Labels

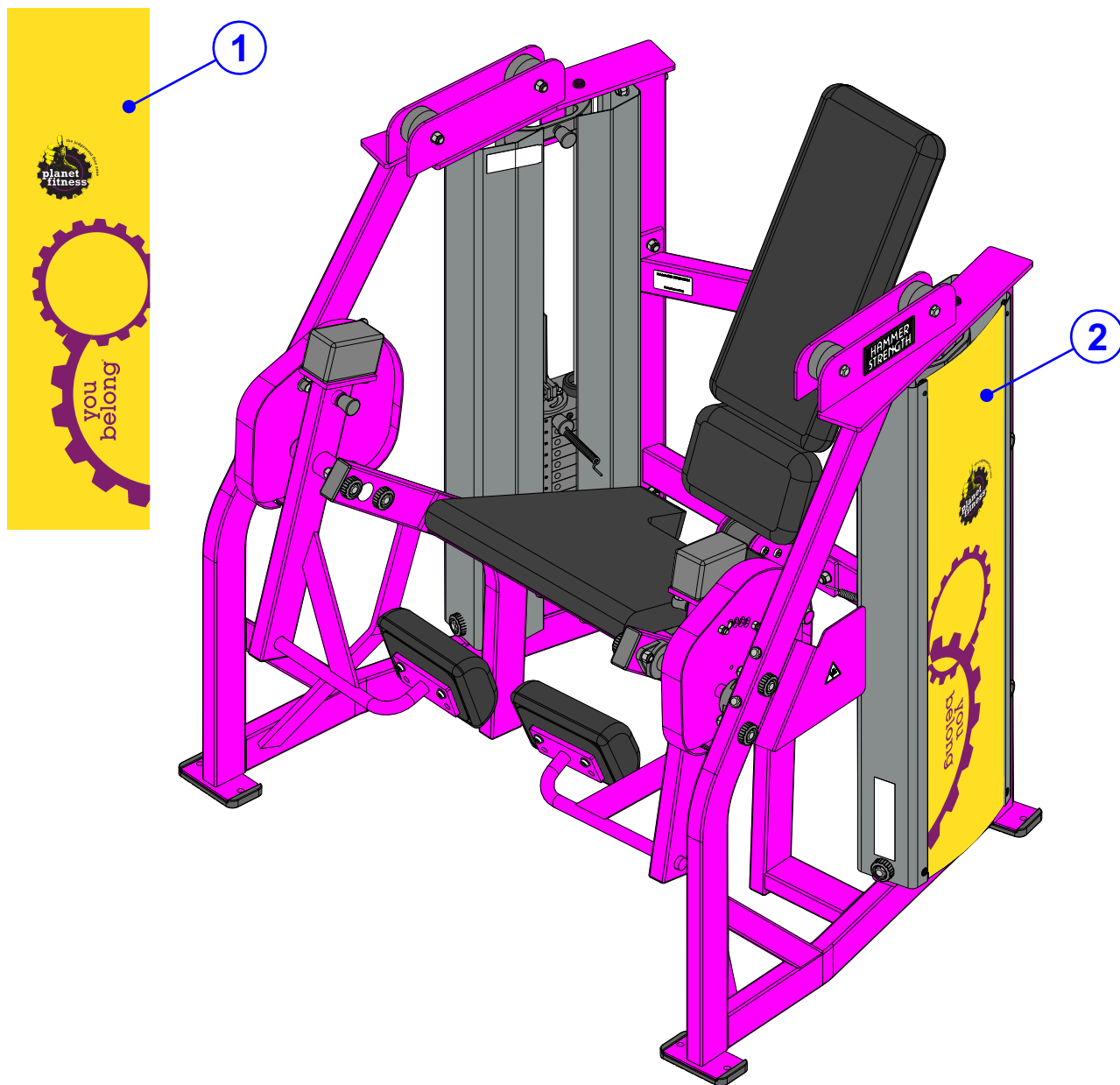


| ITEM NO. | PRO2 MODEL             | PART NO. | QTY. | DESCRIPTION                             |
|----------|------------------------|----------|------|-----------------------------------------|
| 1        | All Pro2               | 9312301  | 1    | LABEL, PLANET FITNESS, NGYM, STD        |
| 2        | PSABC Abdominal Crunch | 9235701  | 1    | SHROUD, PS, PLANET FITNESS, REAR ,SHORT |
|          | PSBC Biceps Curl       |          |      |                                         |
|          | PSTE Triceps Extension |          |      |                                         |

# Planet Fitness - Commercial Strength

## Version 2 MTS Shrouds

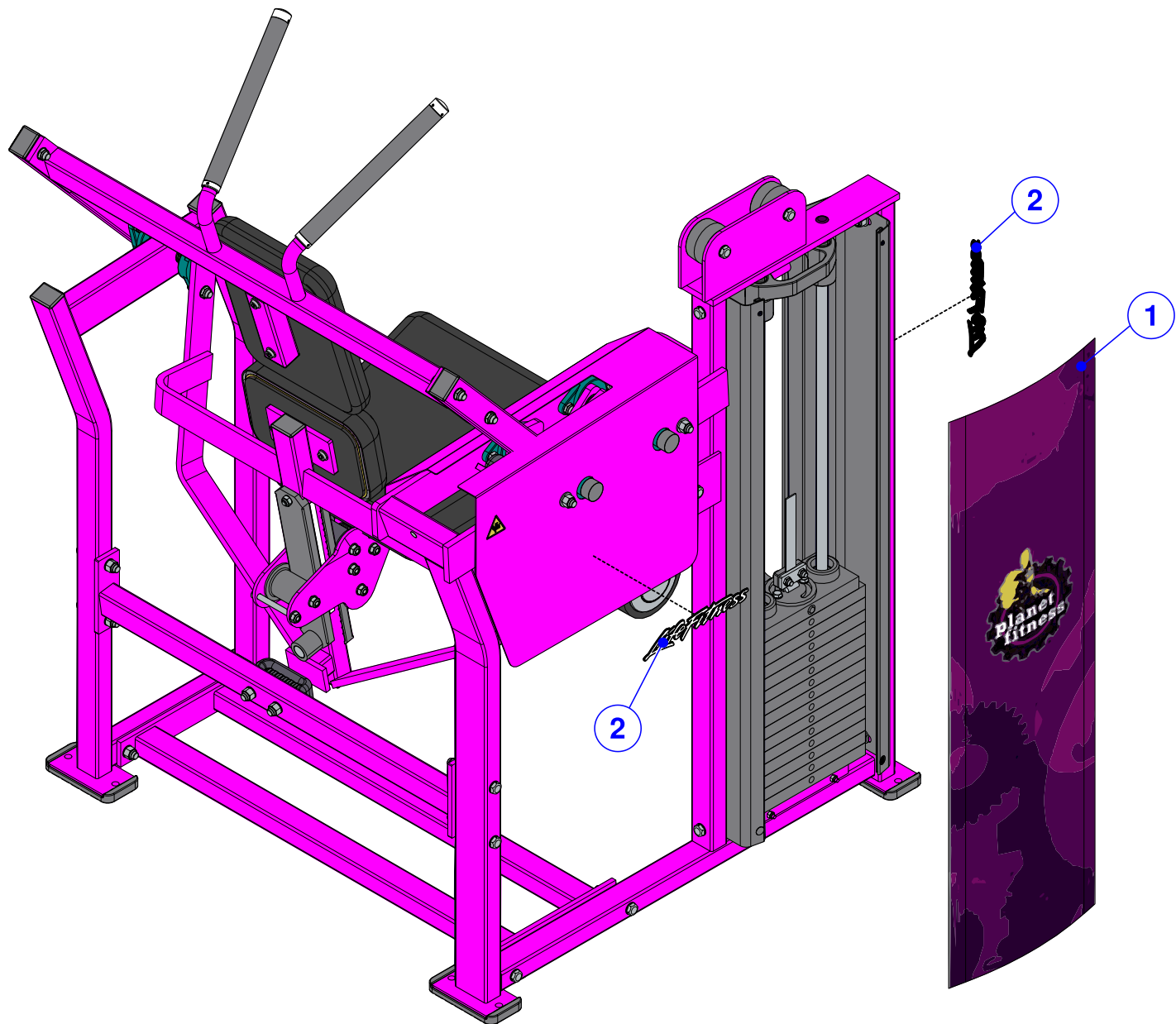
Supplies limited; will not be re-ordered once out of stock.



| UNIT                 | ITEM NO. | QTY. | PART NO. | DESCRIPTION                                          |
|----------------------|----------|------|----------|------------------------------------------------------|
| MTSAB Abdominal      | 1        | 1    | 8979605  | SHROUD, MTS, REAR, PLANET FITNESS, 44.63 X 12.25 -RT |
| MTSCP Chest Press    | 1        | 1    | 8979603  | SHROUD, MTS, REAR, PLANET FITNESS, 50.23 X 12.25 -RT |
|                      | 2        | 1    | 8979613  | SHROUD, MTS, REAR, PLANET FITNESS, 50.23 X 12.25 -LT |
| MTSFP Front Pulldown | 1        | 1    | 8979602  | SHROUD, MTS, REAR, PLANET FITNESS, 47.75 X 12.25 -RT |
|                      | 2        | 1    | 8979612  | SHROUD, MTS, REAR, PLANET FITNESS, 47.75 X 12.25 -LT |
| MTSIP Incline Press  | 1        | 1    | 8979603  | SHROUD, MTS, REAR, PLANET FITNESS, 50.23 X 12.25 -RT |
|                      | 2        | 1    | 8979613  | SHROUD, MTS, REAR, PLANET FITNESS, 50.23 X 12.25 -LT |
| MTSRW Row            | 1        | 1    | 8979606  | SHROUD, MTS, REAR, PLANET FITNESS, 59.00 X 12.25 -RT |
|                      | 2        | 1    | 8979616  | SHROUD, MTS, REAR, PLANET FITNESS, 59.00 X 12.25 -LT |
| MTSSP Shoulder Press | 1        | 1    | 8979604  | SHROUD, MTS, REAR, PLANET FITNESS, 39.25 X 12.25 -RT |
|                      | 2        | 1    | 8979614  | SHROUD, MTS, REAR, PLANET FITNESS, 39.25 X 12.25 -LT |

# Planet Fitness - Commercial Strength

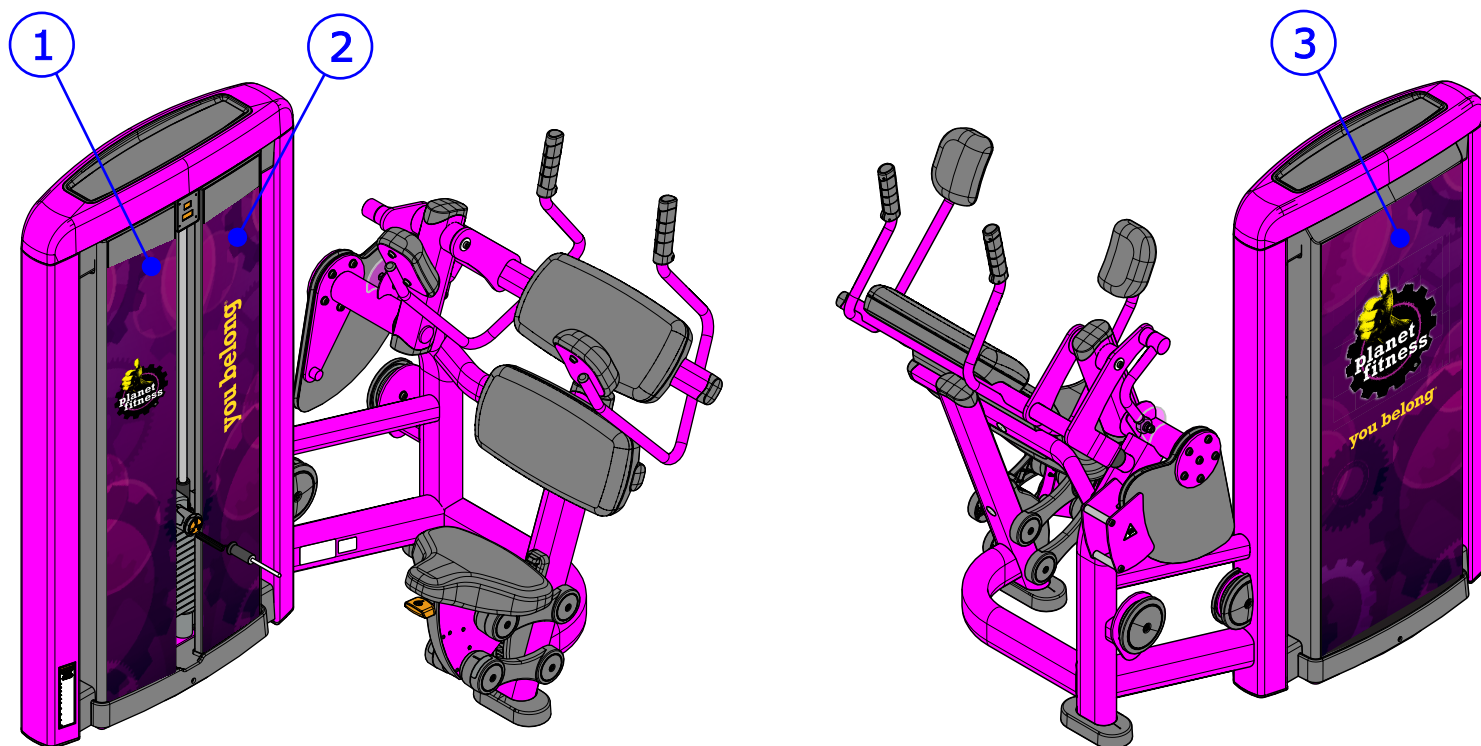
## Version 3 MTS Shrouds and Labels



| UNIT                 | ITEM NO. | QTY. | PART NO. | DESCRIPTION                                |
|----------------------|----------|------|----------|--------------------------------------------|
| MTSAB Abdominal      | 1        | 1    | 9236505  | SHROUD, MTS, PLANET FITNESS, 44.63 X 12.25 |
| MTSCP Chest Press    |          | 2    | 9236503  | SHROUD, MTS, PLANET FITNESS, 50.23 X 12.25 |
| MTSFP Front Pulldown |          | 2    | 9236502  | SHROUD, MTS, PLANET FITNESS, 47.75 X 12.25 |
| MTSIP Incline Press  |          | 2    | 9236503  | SHROUD, MTS, PLANET FITNESS, 50.23 X 12.25 |
| MTSSP Shoulder Press |          | 2    | 9236504  | SHROUD, MTS, PLANET FITNESS, 39.25 X 12.25 |
| MTSRW Row            |          | 2    | 9236506  | SHROUD, MTS, PLANET FITNESS, 59.00 X 12.25 |
| ALL MTS              | 2        | 2    | 8866901  | LABEL, LF LOGO 10 IN. - FLAT               |

# Planet Fitness - Commercial Strength

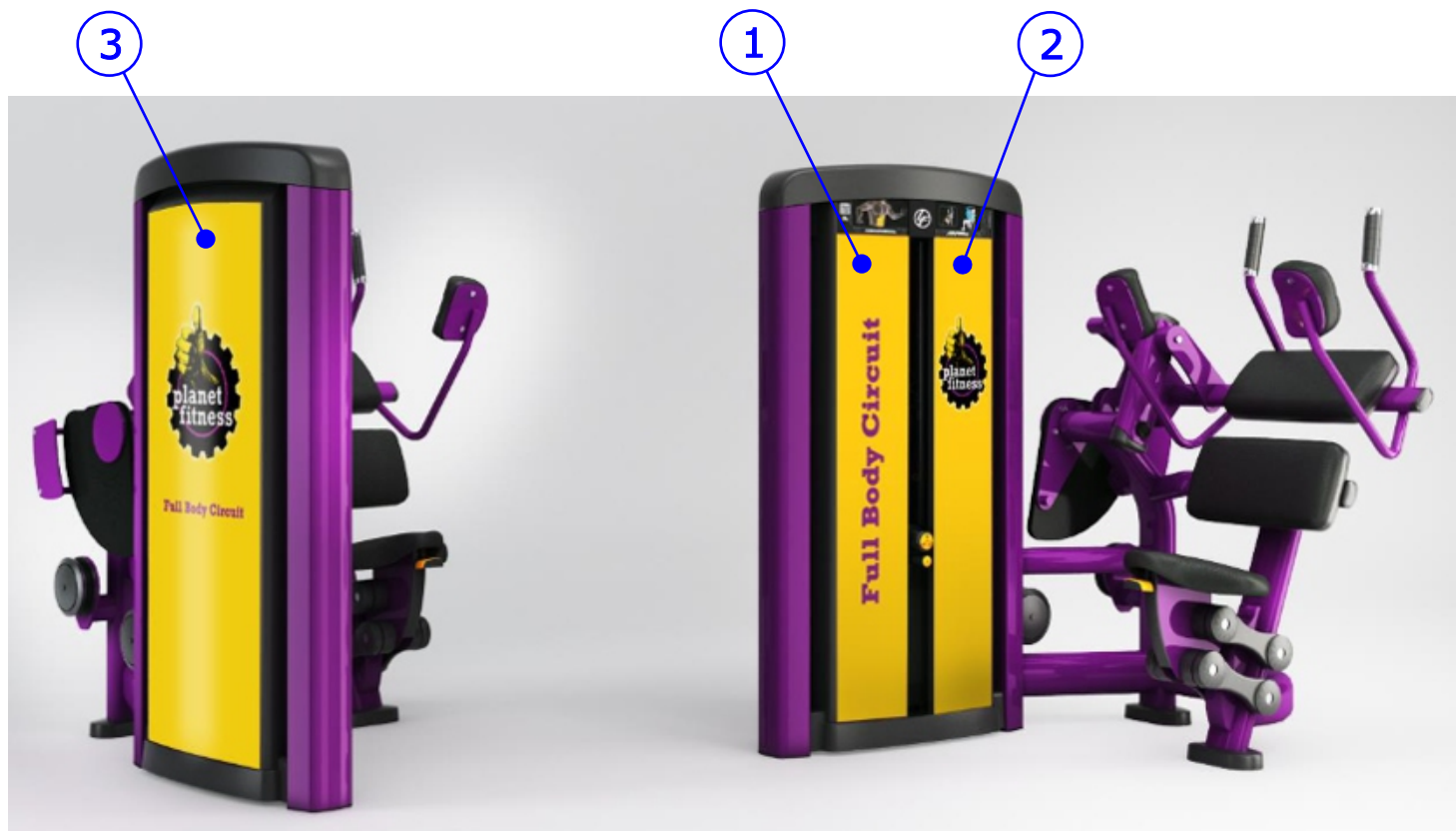
## Insignia Shrouds



|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |          |      | DATE MADE            | SERIAL #              | DATE MADE              | SERIAL #                 | DATE MADE            | SERIAL #                  |                                     |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|------|----------------------|-----------------------|------------------------|--------------------------|----------------------|---------------------------|-------------------------------------|
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |          |      | 1/1/2015 - 3/31/2016 | PRIOR TO SS-XX0416001 | 4/01/2016 - 10/31/2018 | ON OR AFTER SS-XX0416001 | 11/01/2018 - PRESENT | ON OR AFTER SS-XX1118B001 |                                     |
| SS Model/Name                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | ITEM NO. | QTY. | PART NO.             |                       | PART NO.               |                          | PART NO.             |                           | DESCRIPTION                         |
| SS-AB Abdominal<br>SS-ABD Abdominal Advance<br>SS-BC Biceps Curl<br>SS-BCD Biceps Curl Dependant<br>SS-BE Back Extension<br>SS-CE Calf Extension<br>SS-CP Chest Press<br>SS-CPX Chest Press Dual-Axis<br>SS-FLY Fly<br>SS-GL Glute<br>SS-LC Leg Curl<br>SS-LE Leg Extension<br>SS-LR Lateral Raise<br>SS-PD Pulldown<br>SS-PDX Pulldown Dual-Axis<br>SS-PEC Pectoral Fly<br>SS-RW Row<br>SS-SLC Seated Leg Curl<br>SS-SP Shoulder Press<br>SS-TE Triceps Extension<br>SS-TP Triceps Press<br>SS-TR Torso Rotation | 1        | 1    | 9511850              |                       | 1003204-0050           |                          | 1003204-0060         |                           | SHROUD, SS, FNT, LT, SRT-PF         |
| SS-GLB Glute Bridge<br>SS-GLD Glute Bridge<br>SS-HAA Hip Ab-Ad<br>SS-HAB Hip Abduction<br>SS-HAD Hip Adduction<br>SS-SHB Sit-Stand Hip Abduction                                                                                                                                                                                                                                                                                                                                                                  | 2        | 1    | 9511750              |                       | 1003203-0050           |                          | 1003203-0060         |                           | SHROUD, SS, FNT, RT, SRT-PF         |
| SS-ADC Assisted Dip Chin<br>SS-LP Leg Press<br>SS-SLP Seated Leg Press                                                                                                                                                                                                                                                                                                                                                                                                                                            | 3        | 1    | 9511950              |                       | 1003205-0050           |                          | 1003205-0060         |                           | SHROUD, SS, REAR, SRT-PF            |
| SS-GLB Glute Bridge<br>SS-GLD Glute Bridge<br>SS-HAA Hip Ab-Ad<br>SS-HAB Hip Abduction<br>SS-HAD Hip Adduction<br>SS-SHB Sit-Stand Hip Abduction                                                                                                                                                                                                                                                                                                                                                                  | 1        | 1    | 9511850              |                       | 1003204-0050           |                          | 1003204-0060         |                           | SHROUD, SS, FNT, LT, SRT-PF         |
| SS-GLB Glute Bridge<br>SS-GLD Glute Bridge<br>SS-HAA Hip Ab-Ad<br>SS-HAB Hip Abduction<br>SS-HAD Hip Adduction<br>SS-SHB Sit-Stand Hip Abduction                                                                                                                                                                                                                                                                                                                                                                  | 2        | 1    | 9512150              |                       | 1003216-0050           |                          | 1003216-0060         |                           | SHROUD, SS-HAD/HAB, FNT, RT, SRT-PF |
| SS-GLB Glute Bridge<br>SS-GLD Glute Bridge<br>SS-HAA Hip Ab-Ad<br>SS-HAB Hip Abduction<br>SS-HAD Hip Adduction<br>SS-SHB Sit-Stand Hip Abduction                                                                                                                                                                                                                                                                                                                                                                  | 3        | 1    | 9511950              |                       | 1003205-0050           |                          | 1003205-0060         |                           | SHROUD, SS, REAR, SRT-PF            |
| SS-ADC Assisted Dip Chin<br>SS-LP Leg Press<br>SS-SLP Seated Leg Press                                                                                                                                                                                                                                                                                                                                                                                                                                            | 1        | 1    | 9511851              |                       | 1003204-0051           |                          | 1003204-0061         |                           | SHROUD, SS, FNT, LT, TLL-PF         |
| SS-ADC Assisted Dip Chin<br>SS-LP Leg Press<br>SS-SLP Seated Leg Press                                                                                                                                                                                                                                                                                                                                                                                                                                            | 2        | 1    | 9511751              |                       | 1003203-0051           |                          | 1003203-0061         |                           | SHROUD, SS, FNT, RT, TLL-PF         |
| SS-ADC Assisted Dip Chin<br>SS-LP Leg Press<br>SS-SLP Seated Leg Press                                                                                                                                                                                                                                                                                                                                                                                                                                            | 3        | 1    | 9511951              |                       | 1003205-0051           |                          | 1003205-0061         |                           | SHROUD, SS, REAR, TLL-PF            |

# Planet Fitness - Commercial Strength

## Insignia Shrouds - continued



|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |          | DATE MADE            |              | SERIAL #                                   |  |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|----------------------|--------------|--------------------------------------------|--|
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |          | 09/09/2024 - PRESENT |              | ON OR AFTER SS1RW1R24370572                |  |
| SS Model/Name                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | ITEM NO. | QTY.                 | PART NO.     | DESCRIPTION                                |  |
| SS-AB Abdominal<br>SS-ABD Abdominal Advance<br>SS-BC Biceps Curl<br>SS-BCD Biceps Curl Dependant<br>SS-BE Back Extension<br>SS-CE Calf Extension<br>SS-CP Chest Press<br>SS-CPX Chest Press Dual-Axis<br>SS-FLY Fly<br>SS-GL Glute<br>SS-LC Leg Curl<br>SS-LE Leg Extension<br>SS-LR Lateral Raise<br>SS-PEC Pectoral Fly<br>SS-PD Pulldown<br>SS-PDX Pulldown Dual-Axis<br>SS-RW Row<br>SS-SLC Seated Leg Curl<br>SS-SP Shoulder Press<br>SS-TE Triceps Extension<br>SS-TP Triceps Press<br>SS-TR Torso Rotation | 1        | 1                    | 1003204-0052 | SHROUD, SS, FNT, LT, SRT, ABS-PF YEL CIRC  |  |
| SS-GLB Glute Bridge<br>SS-GLD Glute Bridge<br>SS-HAA Hip Ab-Ad<br>SS-HAB Hip Abduction<br>SS-HAD Hip Adduction<br>SS-SHB Sit-Stand Hip Abduction                                                                                                                                                                                                                                                                                                                                                                  | 2        | 1                    | 1003203-0052 | SHROUD: SS, FNT, RT, SRT, ABS-PF YEL CIRC  |  |
| SS-ADC Assisted Dip Chin<br>SS-LP Leg Press<br>SS-SLP Seated Leg Press                                                                                                                                                                                                                                                                                                                                                                                                                                            | 3        | 1                    | 1003205-0052 | SHROUD: SS, REAR, SRT, ABS-PF YEL CIRC     |  |
| SS-GLB Glute Bridge                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 1        | 1                    | 1003204-0052 | SHROUD, SS, FNT, LT, SRT, ABS-PF YEL CIRC  |  |
| SS-GLD Glute Bridge                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 2        | 1                    | 1003216-0051 | SHROUD: SS, FNT, RT NOTCH, ABS-PF YEL CIRC |  |
| SS-HAA Hip Ab-Ad                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | 3        | 1                    | 1003205-0052 | SHROUD: SS, REAR, SRT, ABS-PF YEL CIRC     |  |
| SS-HAB Hip Abduction                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | 1        | 1                    | 1003204-0053 | SHROUD, SS, FNT, LT, TLL, ABS-PF YEL CIRC  |  |
| SS-HAD Hip Adduction                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | 2        | 1                    | 1003203-0053 | SHROUD, SS, FNT, RT, TLL, ABS-PF YEL CIRC  |  |
| SS-SHB Sit-Stand Hip Abduction                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 3        | 1                    | 1003205-0053 | SHROUD: SS, REAR, TLL, ABS-PF YEL CIRC     |  |