

15" ATTACHABLE TV (PRO:IDIOM / IPTV)

ATV15-XXXE-01

Owner's Manual



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Table of Contents

Getting Started

Safety Instructions.....	3
Radio Frequency Interference.....	4
Specifications.....	5
Media Connections.....	6
Prerequisite Requirements.....	7
Installation Setup.....	8

Quick Reference

Console TV Controls.....	19
TV Front Panel.....	19
TV Menu Access.....	20
IR TV Remote.....	21

Operation

Main On Screen Display (OSD).....	24
Menus.....	25
Initial Setup: Setup Wizard.....	26
Picture Menu.....	28
Sound Menu.....	29
Time Menu.....	30
Setup Menu.....	31
Lock Menu.....	36
Channels Menu.....	44

Maintenance and Troubleshooting

Cleaning.....	48
Approved and Compatible Cleaners.....	48
Troubleshooting.....	48
Service.....	48
Returning Equipment to <i>Life Fitness</i>	49

Warranty

What is Covered.....	50
Who is Covered.....	50
How Long It is Covered.....	50
Who Pays Transportation and Insurance For Service.....	50
What We Will Do To Correct Covered Defects.....	50
What is Not Covered.....	50
What You Must Do.....	50
How to Get Parts and Service.....	50
Exclusive Warranty.....	50
Changes in Warranty Not Authorized.....	51
Effects of State Laws.....	51
Terms of Warranty Coverage.....	51

1. Getting Started

Safety Instructions



CAUTION: Any changes or modifications to this equipment could void the product warranty.



WARNING: To reduce the risk of burns, fire, electric shock, or injury, it is imperative to connect each product to a properly grounded electrical outlet.



WARNING: To prevent injury, this product must be securely attached in accordance with the installation instructions.



DANGER: To reduce the risk of electrical shock or injury from moving parts, always unplug product before cleaning or attempting any maintenance activity.


- Life Fitness Family of Brands does not warrant nor guarantee that component parts used in the manufacture of products offered under the Life Fitness Family of Brands are latex-free. Users of these products must take all necessary precautions to prevent accidental contact that could lead to an adverse latex reaction.
- Never operate the product if it has a damaged power cord or electrical plug, or if it has been dropped, damaged, or even partially immersed in water. Contact Customer Support Services.
- Position the product so that the power cord plug to the wall is accessible to the user. Make sure that the power cord is not knotted or twisted and that it is not trapped under any equipment or other objects.
- Keep the power cord away from heated surfaces. Do not pull the equipment by the power cord or use the cord as a handle.
- If the electrical supply cord is damaged, it must be replaced by the manufacturer, an authorized service agent, or a similarly qualified person to avoid a hazard.
- Always follow the product instructions for proper operation.
- Never insert objects into any opening in these products. If an object should drop inside, turn off the power, unplug the power cord from the outlet, and carefully retrieve it. If the item cannot be reached, contact Customer Support Services.
- Do not use this product outdoors, near swimming pools or in areas of high humidity. Do not expose this product to dripping or splashing liquids. If the product should be exposed to liquid, contact Customer Support Services.
- Never operate the product with the air openings blocked. Keep air openings free of lint, hair, or any other obstructing material.
- Use these products for their intended use as described in this manual. Do not use attachments that have not been recommended by the manufacturer.

Save these instructions for future reference.

Radio Frequency Interference

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy, and if not installed and used in accordance with the user manual, may cause harmful interference to radio communications. However, there is no guarantee that the interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and the receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult Life Fitness, the dealer or an experienced radio/TV technician for help.

 **CAUTION:** Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Industry Canada

This Class B digital apparatus complies with Canadian ICES-003.

Cet appareil numérique de la classe B est conforme à la norme NMB-003 du Canada.

Specifications

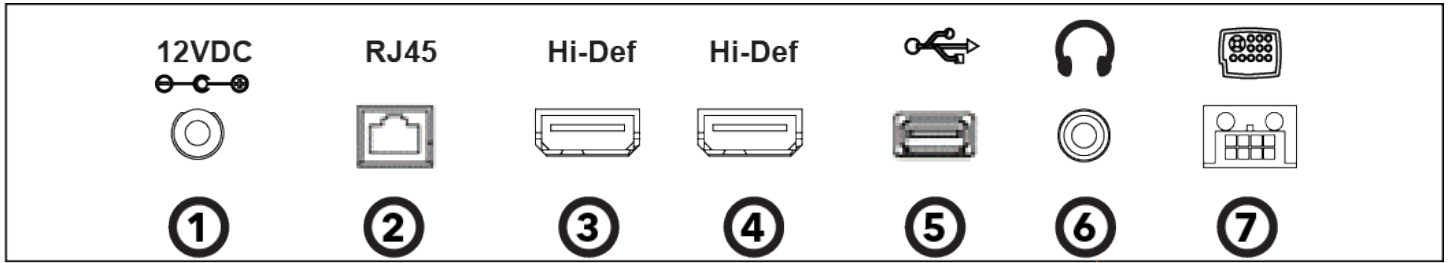
15.6" Diagonal Wide Screen Format

Aspect Ratio:	16:9
Viewing Angle:	160 degrees horizontal x 160 degrees vertical
HD Channel Ready:	High-definition television will accept content up to 1080p
Visible Screen Size:	13.5" L x 7.6" H (34.4 cm L x 19.4 cm H)
Brightness:	250 nits (cd/m2)
Display Color:	6-bit; 262,144 colors
Resolution:	1.764 million pixels, 1920 (H) x 1080 (V) FHD
Contrast Ratio:	700:1
Video:	High-Definition, IPTV through RJ-45
Audio:	Mono, Stereo and SAP
IPTV Input:	RJ-45 style via CAT-6 wired Ethernet
IPv4 Addressing:	Static IP assignment only
IPv4 Multicast IP Support:	Yes
IGMP Support:	Yes
VLAN Support:	Yes
IPTV Streaming Protocols:	UDP and RTP
IP Multicast Range:	224.0.0.0 - 239.255.255.255
Port Assignment:	0001-9999
Transport Stream Support:	SPTS and MPTS up to 20Mbps
Video Codec Support:	MPEG-2, MPEG-4, H.264, HEVC
Audio Codec Support:	MPEG Layer 1/2, Dolby, AAC
Pro:Idiom Decryption Support:	Yes
Pro:Idiom Detection Type:	Automatic
Power Requirements:	15W Nominal
External Power Supply:	12Vdc 1.25A
Power Rating:	DC Supply Input: 12Vdc 1.25A
Headphone Jack:	3.5mm Stereo, 300 milliwatt
LCD Screen Length:	13.5" (34.4 cm)
LCD Screen Height:	7.6" (19.4 cm)
VESA Mounting Support:	75mm(H) x 75mm(W), 100mm (H) x 100mm (W)

	Physical Dimensions	Shipped Dimensions
Length	16 in. / 40.2 cm	21 in. / 53.3 cm
Depth	2.68 in. / 6.7 cm	7 in. / 17.8 cm
Height	11.6 in. / 29.5 cm	15 in. / 38.1 cm
Weight	8.2 lbs. / 3.72 kg	11.24 lbs. / 5.1 kg

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Media Connections



Item	Connection	Description	Connector Type
1	Power In	12 Volt Power Input	Power Jack
2	TV Input (RJ45)	10 / 100 / 1000 Ethernet interface	RJ-45 Style
3	High-Def Input 1	High-Definition Audiovisual Connection	High-Definition
4	High-Def Input 2	High-Definition Audiovisual Connection	High-Definition
5	USB	USB Input	USB Type A
6	Audio Out	Headphone Connection	3.5mm Stereo Jack, 0.3W
7	Wired Remote / Media Cable	Wired Remote Control Connection	Remote Control

Prerequisite Requirements

Facility will need to provide:

- **Access to their IPTV network** through a CAT-5e/CAT-6 wired connection for each and every Pro:Idiom IPTV Attachable TV. Do not support Pro:Idiom over a Wireless LAN connection.
- **Static IP address (IPv4 - 32-bit) assignment** for each and every Pro:Idiom IPTV Attachable TV.
- **VLAN (virtual LAN) ID tag assignment** if one is required.
- **Channel list information** including the streaming protocol used (UDP is the most common), the IP address for each channel, the port assignment, and the channel name associated with each channel.

Limitations

- The Pro:Idiom IPTV DTB does not support dynamic IP address assignment.
- Pro:Idiom encrypted IPTV over Wireless Connectivity or WLAN is not supported.

Static IPv4 Address List

- Each piece of cardio equipment will need to be assigned a static IPv4 address.
- A range or individual IP addresses for each connected piece of equipment should be provided.

Example range for five pieces of cardio equipment:

10.201.34.5	TO	10.201.34.9
-------------	----	-------------

Installation Setup

The initial setup of a fitness facility with the Pro:Idiom IPTV Attachable TV requires obtaining vital setup information including:

- Static IP address assignment for each Pro:Idiom IPTV Attachable TV
- The IPTV channel list from the A/V integrator or facility manager for integration into the TV directly.

Without this information, this TV cannot be setup.

Setup Materials:

- IR TV Remote
- USB Flash Drive

Quick Reference Setup Instructions

1. Enter the Static IP Address for the TV (unique for every TV within the same facility).
2. Setup VLAN (if one is required, otherwise skip).
3. Enter each IP Address + Port once, which includes the channel(s).*

NOTE: * For MPTS setups, the possible multiple underlying channels will be made visible after the **Auto Channel Scan**.

4. Execute an **Auto Channel Scan** to find all channels within each IP Address.
5. Verify and edit any other setting in the TV, when needed.
6. *Optional:* Export channels & settings to USB memory stick through the **Clone** feature.
7. *Optional:* Import channels & settings through USB memory stick, through the **Clone** feature to all other TV's in the same facility.

NOTE: Steps 2-5 are the same for every TV withing the same facility (use Clone feature).

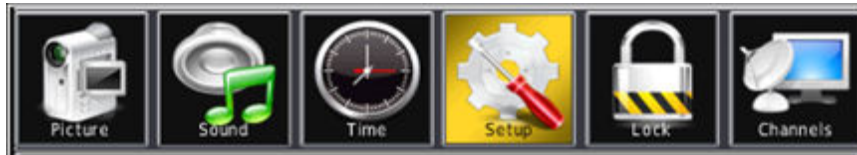
NOTE: Assumption is that Attachable TV has the latest available software version installed.

Setup Instructions

Follow the Setup Wizard prompts using **Go To Next Step** to set up **Language > Time > Network Settings** including Static IP address entry and VLAN assignment. The Setup Wizard will appear only on the First Time Setup. See [Initial Setup: Setup Wizard](#).

Device Static IP Address

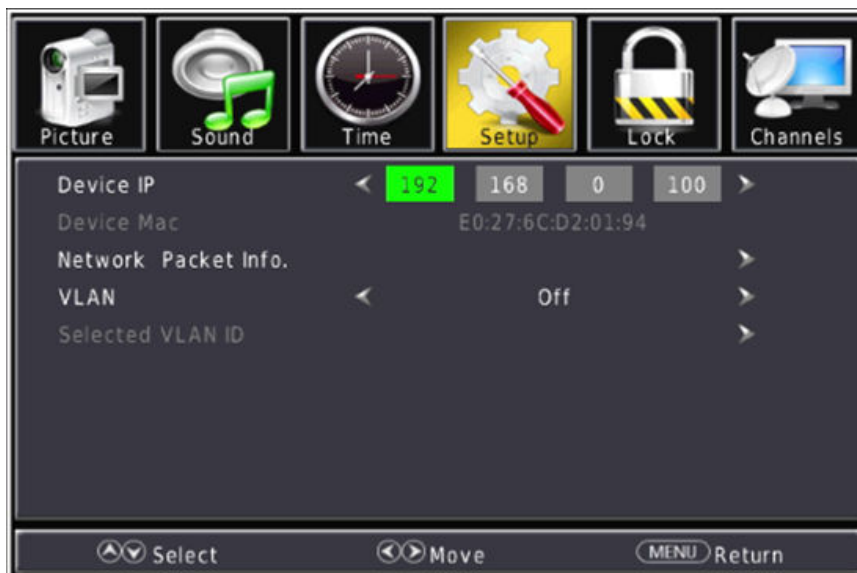
1. If the Setup Wizard is exited, press **Menu** on the IR TV remote.
2. Press ◀ or ▶ to navigate to **Setup**.



3. Press ▲ or ▼ to navigate to **Network Settings**. Press **Enter**.



4. Enter the Static IP address under **Device IP** section. Each of the four boxes (the first is in green) needs to be filled out using the numeric keypad and right and left arrows for navigation. In the example below, the static IP address for this unit is 192.168.0.100.



VLAN ID Setup

After the Static IP address is entered, you can enable VLAN (Virtual Local Area Network) to add in a VLAN ID or VLAN tag assignment. The VLAN ID is to be provided by the facility manager or A/V integrator. This feature is not required but assists with directing traffic that contains both Internet and IPTV together.

NOTE: If a VLAN ID is NOT required, skip the VLAN ID setup section.

1. Use the navigation arrows and enable VLAN to **ON**.



2. Navigate to **Selected VLAN ID**. Press **Enter** or **▶** to access the VLAD ID Input table.
3. Enter in the Port VLAN ID (or PVID for short) which is a default VLAN ID that is assigned to designate the VLAN segment to which this port is connected. Any additional VLANs that are needed to access the IPTV traffic can be placed in the adjacent boxes starting left to right. Any changes will be saved after exiting.



IPTV Channel List

This section covers how to create and build the initial IPTV channel list.

Channel List Provided (Example)

Number	IP Address	Port	Channel Number	Channel Name
1	239.10.10.23	1234	1-1	AMC
2	239.10.10.24	1234	1-2	FX
3	239.10.10.25	1234	2-1	SYFY

Number	IP Address	Port	Channel Number	Channel Name
4	239.10.10.26	1234	3-1	TRV
5	239.10.10.27	1234	4-1	WEATH
6	239.10.10.28	1234	5-1	HIST
7	239.10.10.29	1234	6-1	TNT
8	239.10.10.30	1234	7-1	WTTW
9	239.10.10.31	1234	8-1	ESPN
10	239.10.10.31	1234	8-2	WFLD
11	239.10.10.31	1234	8-3	CNN
12	239.10.10.31	1234	8-4	ABC
13	239.10.10.31	1234	8-5	NBC
14	239.10.10.31	1234	8-6	WGN
15	239.10.10.31	1234	8-7	CBS

There are two Channel Setup / Creation Options:

- [Channel Setup Option 1: Channel List Load Feature](#)
- [Channel Setup 2: Manual Channel List Setup](#)

Channel Setup Option 1: Channel List Load Feature

The channel list load feature is a method to create a channel list on a PC within an importable text file. This text file can allow the input of a Static IP address, VLAN parameters, and all channel setup parameters including IP address, Port assignment, channel number, and channel name.

1. Using a PC, open the **IP_List.txt** file.
2. Enter specific parameters required for the setup of the channel list. If you do not want to enter a parameter, you can delete the parameter, leave it blank, or comment it out with the addition of a `"/"` in front (left) of the specific parameter.
 - a. Static IP address - One static IP address is required per tuner board and needs to be different within each tuner board. Tuner recognizes **Local_IP:** field for entry.
 - b. VLAN: ON/OFF - Enable or disable VLAN support. *Optional feature.*
 - c. PVID: Port VLAN ID - Only required to be filled in when VLAN is enabled.
 - d. Channel Remap - Option to change the order of the channel list using virtual or physical channel numbers.
 - e. Channel IP address - Enter the channel IP address for the desired channel or multiple channels.
 - f. Channel Port Number - Enter the port number tied to the desired channel IP address.
 - g. Channel Name - Enter the Channel Name here.
 - h. Virtual Number - Enter the Virtual Channel Number here.
 - i. Repeat e. through h. for all channels.
 - j. End - Required at the end of the text file.

```
// This document is an example of a file "Loading Channel List From USB"
//Tuner Static IP Address
Local_IP:192.168.1.40

//The options of VLAN are off/on
VLAN:OFF

//Port VLAN ID for IPTV network (range: 2-1001)
VLAN_ID:41

//Channel Remap or Channel Order
//The options of Remap are Auto/Manual/Virtual/Physical.
//Virtual will use the the Virtual_Number values as they are while Physical will use a chronological order starting with 1.
Remap:Auto

//Enter each Channel IP address with port combination followed by the optional channel name and virtual channel number in the format below
// The maximum length for each channel name is 8 characters.
// Virtual Channel numbers can be whole integers or have sub-channels (S-1, S-2, etc.). If no virtual channel numbers are used, leave blank or add a "/"
// Support SPTS and IPTV. If IPTV, enter additional virtual channel numbers with corresponding channel names for each additional channel within the transport stream. See last example channel 239.10.10.31.
Channel_IP:239.10.10.23:1234
Virtual_Number: 1-1
Name:ABC

Channel_IP:239.10.10.24:1234
Virtual_Number: 1-2
Name:FX

Channel_IP:239.10.10.25:1234
Virtual_Number: 2-1
Name:SVTV

Channel_IP:239.10.10.26:1234
Virtual_Number: 3-1
Name:TRV

Channel_IP:239.10.10.27:1234
Virtual_Number: 4-1
Name:WETA

Channel_IP:239.10.10.28:1234
Virtual_Number: 5-1
Name:MLST

Channel_IP:239.10.10.29:1234
Virtual_Number: 6-1
Name:TM

Channel_IP:239.10.10.30:1234
Virtual_Number: 7-1
Name:UTU

Channel_IP:239.10.10.31:1234
Virtual_Number: 8-1
Name:ESPN
Virtual_Number: 8-2
Name:NFLD
Virtual_Number: 8-3
Name:CNN
Virtual_Number: 8-4
Name:ABC
Virtual_Number: 8-5
Name:HGTV
Virtual_Number: 8-6
Name:HGTV
Virtual_Number: 8-7
Name:CBS

END
//END is necessary here for tuner to recognize.
```



3. Once the channel list is built within the IP_List.txt file, store the file onto the root of a USB type-A flash drive.

4. Insert the flash drive directly into the tuner port shown below.



5. Navigate the TV menu to **Channels**. Navigate to **TV Channel List - Load from USB (IP_list.txt)**.



6. **Please Wait** will appear and the load of the channel list will take place.
7. After the load is complete, exit the TV menu. Use the **Channel Plus / Minus (+ / -)** buttons on the IR TV remote and navigate to each channel.
8. The first time the channel is navigated to, the transport stream data will be parsed. This is important and required so the channel loads properly within the TV. This channel setup process will take up to 20 seconds for each channel as you transition between the newly acquired channels. Ensure that each channel is being correctly tuned to and set up with the desired channel parameters. If any changes are required, you can manually edit the channel list using the **Channel IP Address List & Edit** feature under Channels or edit the IP_list.txt file and re-load the channel list.

NOTE: Please see the following KB article [Life Fitness Attachable TV Pro:Idiom Ethernet Tuner PC Channel List Load](#) for more details.

Quick Fixes

- If certain channels are not loading, double check that you have the correct channel IP address for these missing channels. If you have the correct channel IP addresses and the channels are still not loading, use the **TV Channel Auto Scan** feature under Channels and see if this will load the channel list for you. If problems persist, consult with facility manager, IT personnel, or A/V integrator for additional assistance.
- If none of the channels are loading, double check the tuner_IP static IP address is correctly set and a part of the facilities IPTV network. If problems persist, consult with facility manager, IT personnel, or A/V integrator for additional assistance.

Channel Setup 2: Manual Channel List Setup

1. Navigate the TV menu to navigate to **Channels**.
2. Press ▲ or ▼ to navigate to **Channel IP Address Input**. Press **Enter** or ►.



NOTE: The IPTV Channel List needs to be provided by the facility manager, IT personnel, or the A/V integrator. The information needed for each channel is the IP address, the port assignment, channel name, and channel number. If the channel number cannot be provided, a logical channel number sequence will be used as they appear in the list.

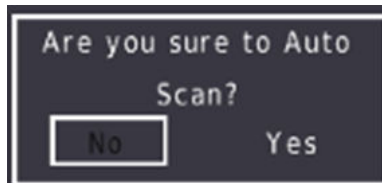
3. Input the first channel's IP address and port number using ◀ or ▶ to navigate to each cell. Press **Enter** to save channel. Repeat for every channel within the channel list.



- After all the desired channels are entered, select **Menu > Channels > TV Channel Auto Scan**.



- A prompt to confirm your selection will appear. Press ◀ or ▶ to select **No** or **Yes**.



After the scan, all channels with the correct address and port assignment parameters will play back content.

- Verify that all channels within the channel list are tuned and are displaying content as expected. Any issues can be resolved using the **Channel IP Address List & Edit** function.
- Repeat the **TV Channel Auto Scan** as necessary.

Channel Cloning

After the channel list has been created and verified, use the **Clone** feature and a USB flash drive to Export / Import the TV settings to other TVs within the facility.

1. Insert a blank USB flash drive into the port on the initial TV with the created channel list.



2. Using the IR TV remote, navigate to the **Setup** menu and down to **Clone**.



3. Select **Export TV Channels & TV Settings**.
4. Remove the USB flash drive and insert it into the desired TV where the cloned channel list will be imported.
5. Using the IR TV remote, navigate to the **Setup** menu and down to **Clone**. Select **Import TV Channels & TV Settings (TVClone.dat)**.

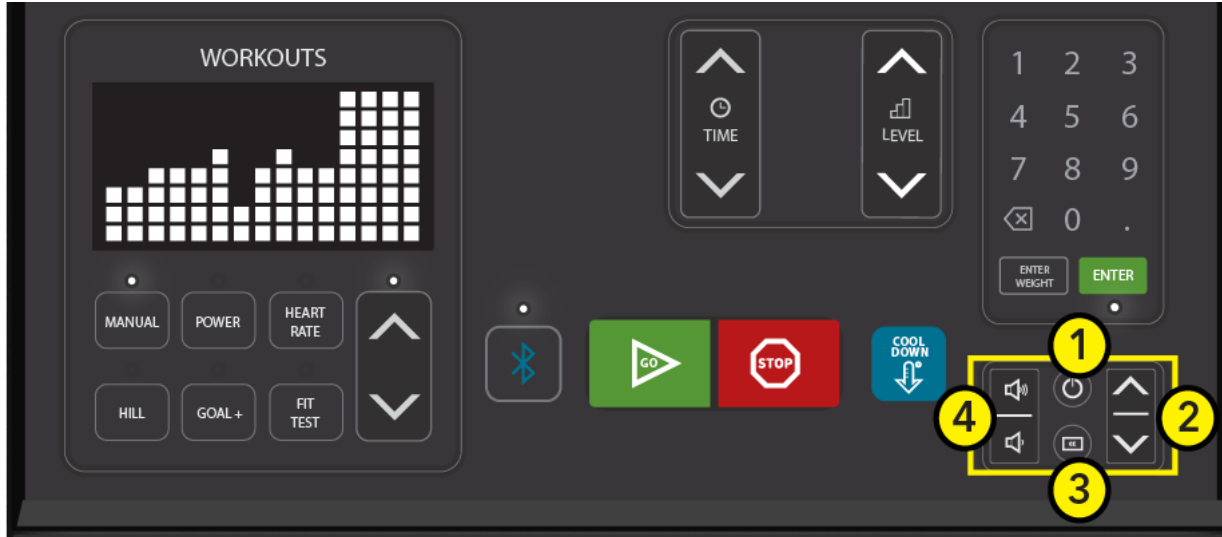


6. Repeat the Import process for all TVs within the facility.

2. Quick Reference

Console TV Controls

Integrity SL TV Controls



Item	Description
1	TV Power
2	Channel Up / Down Arrows
3	Closed Caption
4	Adjust Volume

TV Front Panel

The Blue LED indicator is located on front of the attachable TV under the HDTV wording.



Blue LED Status	TV Status
On	On
Off	Off
Blinking	Sleep Mode
Blinking	Software Update

TV Menu Access

LIFE FITNESS recommends programming the 15" Attachable TV by using an IR TV Remote.

The TV can also be programmed through Integrity SL console. Please follow the guidelines below to program the TV.

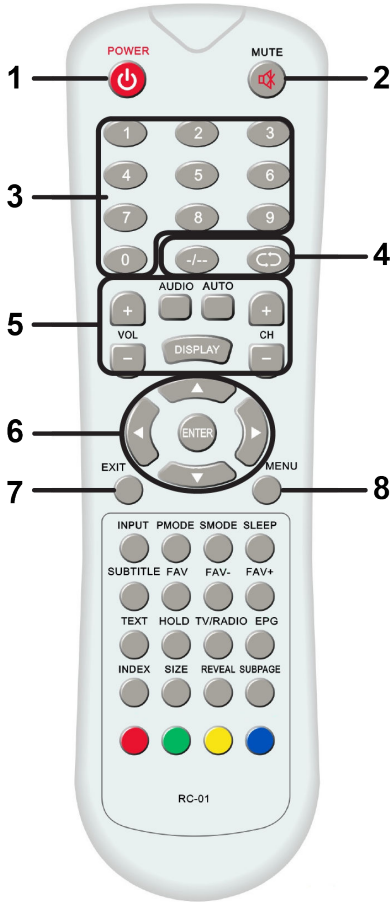
NOTE: The password key on the attachable TVs is always **0000**.

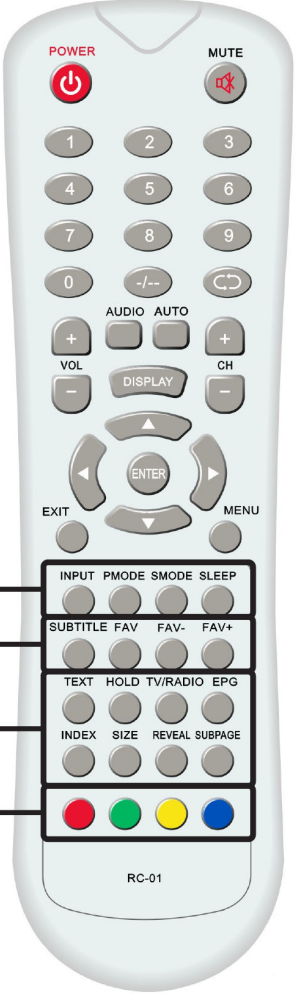
If you are unable to follow the guidelines above, do not have an IR TV REMOTE, or if there are any other issues with the 15" Attachable TV please promptly report the issue to Customer Support Services.

Action	IR (Infrared) TV Remote
Access Setup Menu	Press MENU . Enter password: 0000 .
Scroll Menu	Use the UP and DOWN arrow keys.
Make a Selection	Press ENTER .
Go Back	Press MENU .
Exit Setup Menu	Press MENU or Press EXIT .

IR TV Remote

Programming is easier with the optional IR TV Remote. Contact *Life Fitness* to order one or more IR TV Remote controls if desired.

Item	Description	
1	Power Press to turn TV ON / OFF.	 <p>The diagram shows a white IR TV remote control with the following callouts: 1 points to the red Power button; 2 points to the Mute button; 3 points to the numeric keypad (0-9); 4 points to the +/- and Return buttons; 5 points to the Volume +/-, Audio, Auto, Display, and Channel +/- buttons; 6 points to the central navigation pad; 7 points to the Exit button; 8 points to the Menu button.</p>
2	Mute Press to mute the sound. Press again to unmute (or press VOL+).	
3	Numeric Keypad Press 0 - 9 to input a TV Channel directly.	
4	-/-- Press to enter a specific channel number for multiple program channels (ex. 2-1). ↺ Return to previous channel viewed.	
5	Volume + / - Press to increase or decrease sound level. Channel + / - Press to scan through channels. To scan quickly press and hold down either + / - buttons. Audio Press to view audio languages. Auto Press to do auto configuration directly. Display Press to display the source and channel information.	
6	↕ ↔ allow navigation of the On Screen Display (OSD) menus and adjustment of settings to your preference. Enter Press to enter sub menus and make selections.	
7	Exit Press to exit out of OSD menu.	
8	Menu Press to display OSD menus: <ul style="list-style-type: none"> • Picture • Sound • Time • Setup • Lock <ul style="list-style-type: none"> • Hotel • Channels 	

Item	Description	
9	<p>Input Press to cycle through the available input sources (<i>TV, AV, S-Video, PC, HDMI</i>).</p> <p>PMODE Press repeatedly to cycle through available picture modes (<i>Dynamic, Standard, Mild, Personal</i>).</p> <p>SMODE Press to cycle through available sound settings (<i>Standard, Music, Movie, Sports, Personal</i>).</p> <p>Sleep Select the amount of time in minutes before your TV automatically turns off.</p>	
10	<p>Subtitle Turn ON / OFF subtitles.</p> <p>FAV Press to view Favorite Channel List.</p> <p>FAV + Press to add a channel to Favorite List.</p> <p>FAV - Press to delete a channel from Favorite List.</p>	
11	<p>Text Turn ON / OFF teletext mode.</p> <p>Hold (only available in teletext mode). Remain on current page.</p> <p>TV / Radio Press to select TV or Radio mode.</p> <p>EPG Press to view the Electronic Program Guide.</p> <p>Index (only available in teletext mode). Go to first page.</p> <p>Size (only available in teletext mode). Zoom in / out.</p> <p>Reveal (only available in teletext mode). Hide or reveal concealed contents on current page.</p> <p>Subpage (only available in teletext mode). Enter / exit subpage.</p>	
12	<p>Color Buttons Use as shortcuts to edit channel settings.</p>	

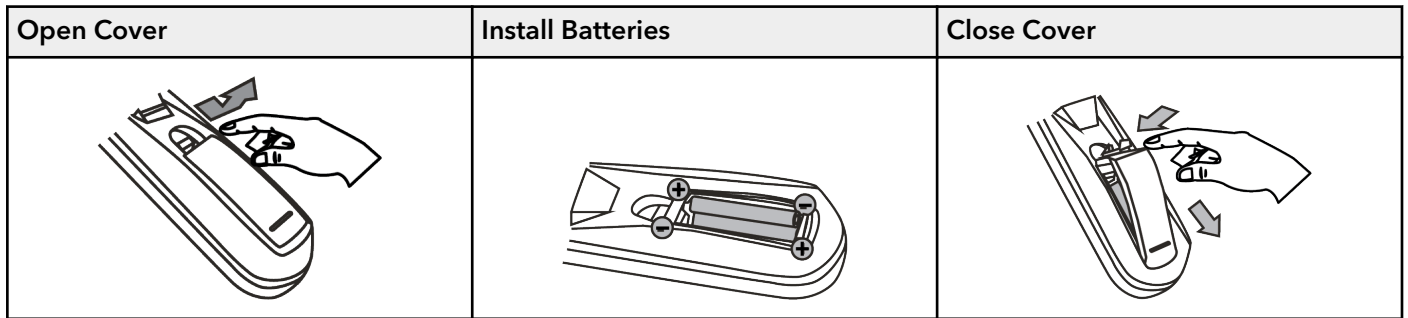
Install Batteries

Two 1.5V-AAA batteries are included and necessary for operation.

1. Open the battery compartment cover on the back side.
2. Insert two 1.5 V AAA size batteries in correct polarity.

IMPORTANT: Do not mix old or used batteries with old ones.

3. Close the cover



Point the remote towards the remote control sensor of the wireless TV and use it within 23' (7 m).



NOTE: Put the used batteries into the recycle bin since it can negatively affect the environment.

3. Operation

Main On Screen Display (OSD)

Menu Navigation

Use the IR TV Remote to access and navigate through the Main On Screen Display (OSD) and TV menus.

1. Press **Menu** to display the OSD.



2. Use the **Left and Right Arrow Keys** to select desired menu (*Picture, Sound, Time, Setup, Lock, or Channels*).
3. Press **Enter** or **Right Arrow Key** to enter sub-menus. See [Menus](#).
4. Use the **Up and Down Arrow Keys** to select the sub-menu option.
5. Use the **Left and Right Arrow Keys** to adjust values in the sub-menu options.
6. Press **Menu** to return to the upper menu.
7. Press **Exit** to close the OSD.

Menus

Main Menus	Sub-Menus
<p>Initial Setup: Setup Wizard</p>	<ul style="list-style-type: none"> • Menu Language • Select Time • Network Settings • Input Channel IP Address
<p>Picture</p>	<ul style="list-style-type: none"> • Picture Mode • Color Temperature • Advanced Settings
<p>Sound</p>	<ul style="list-style-type: none"> • Sound Mode • Balance • Audio Language • Surround Sound • AVL
<p>Time</p>	<ul style="list-style-type: none"> • Sleep Timer • Time Zone • Daylight Savings Time • Time Format • Auto Clock
<p>Setup</p>	<ul style="list-style-type: none"> • Menu Language • OSD • Closed Captioning • Network Settings • Software Update (USB) • SW Information • Clone • Console Auto On / Off • Other Settings
<p>Lock</p>	<ul style="list-style-type: none"> • Change Password • System Lock • Hotel Menu
<p>Channels</p>	<ul style="list-style-type: none"> • Channel IP Address Input • Channel IP Address List & Edit • TV Channel Auto Scan • TV Channel Remap Selection • TV Channel Edit • TV Channel Number • TV Channel List - Load from USB (IP_list.txt)

Initial Setup: Setup Wizard

Initial setup steps required to connect to a configured IPTV network.

MENU NAVIGATION

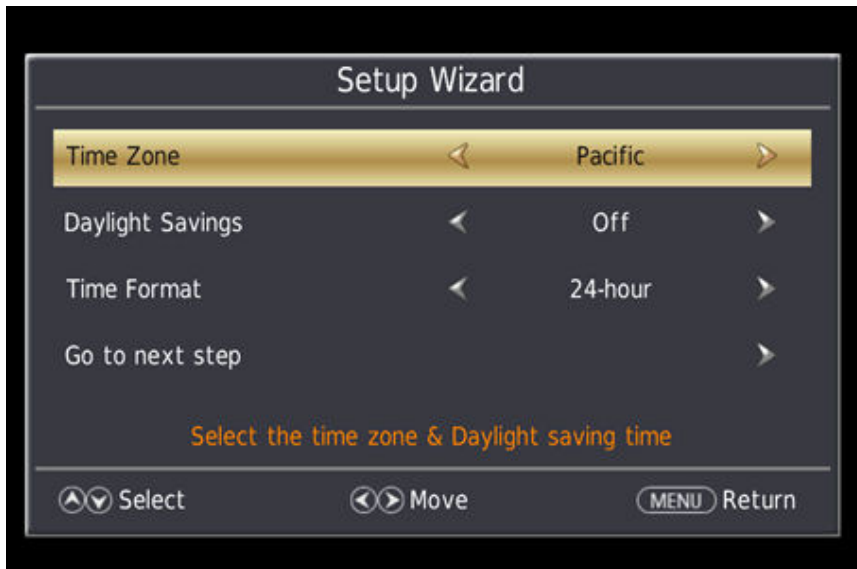
- Use the **Up and Down Arrow Keys** to select desired menu item.
- Use the **Left and Right Arrow Keys** to move through menu item options.
- Press **Enter** or use the **Right Arrow Key** to select desired menu item option.
- Press **Menu** to exit / return to previous screen.

MENU LANGUAGE



Select **Preferred Language**
English / French / Spanish

TIME



- Select **Time Zone**
Central / Mountain / Pacific / Alaska / Hawaii / Samoa / Newfoundland / Atlantic / Eastern
- Choose **Daylight Savings**
On / Off
- Select **Time Format**
12 hour / 24 hour

NETWORK SETTINGS

Picture Sound Time Setup Lock Channels

Device Static IP Address 192.168.245.40

Device Mac EC:C1:AB:9C:B7:8A

Network Packet Info. >

VLAN < Off >

Selected VLAN ID >

▲▼ Select ◀▶ Move MENU Return

See [Network Settings](#)

Picture Menu

MENU NAVIGATION

- Use the **Up and Down Arrow Keys** to select desired menu item.
- Use the **Left and Right Arrow Keys** to move through menu item options.
- Press **Enter** or use the **Right Arrow Key** to select desired menu item option.
- Press **Menu** to exit / return to previous screen.

PICTURE SETUP



- Select **Picture Mode**
Standard / Mild / Vivid / User

NOTE: *Brightness, Contrast, Color, and Sharpness* can only be adjusted in the **User Picture Mode**. *Tint* can only be adjusted when playing analog programs.

Adjust **Brightness, Contrast, Color, Tint and Sharpness** levels from 0 to 100.

- Select **Color Temperature**
Normal / Warm / Cool

ADVANCED PICTURE SETTINGS



- **Aspect Ratio**
Wide / Zoom / Cinema / Normal
Adjust how the picture fills the screen.

- **Noise Reduction**
Low / Medium / High / Off

- **Dynamic Contrast**
On / Off
Automatically adjust picture detail and brightness.

- **HDMI Mode**
Auto / Video / Graphic

NOTE: HDMI Mode is only available in HDMI input.

Sound Menu

MENU NAVIGATION

- Use the **Up and Down Arrow Keys** to select desired menu item.
- Use the **Left and Right Arrow Keys** to move through menu item options.
- Press **Enter** or use the **Right Arrow Key** to select desired menu item option.
- Press **Menu** to exit / return to previous screen.

SOUND MENU



- Select **Sound Mode**
Standard / Music / Movie / Sports / Custom
- **Bass, Treble, Balance**
NOTE: *Bass and Treble* can only be adjusted in the **User Picture Mode**
- **Available Audio Language**
English / French / Spanish
- Set **Surround Sound**
On / Off
- **AVL**
On / Off
Set the auto volume control.

Time Menu

Menu Navigation

- Use the **Up and Down Arrow Keys** to select desired menu item.
- Use the **Left and Right Arrow Keys** to move through menu item options.
- Press **Enter** or use the **Right Arrow Key** to select desired menu item option.
- Press **Menu** to exit / return to previous screen.

TIME SETUP



- **Sleep Timer**

On / Off

Set a timer for the TV to turn off automatically.

- Use Left and Right Arrow Keys to set the time before the TV automatically powers off.
- Choose between 0 - 240 minutes.

- **Available Time Zone**

Central / Mountain / Pacific / Alaska / Hawaii / Samoa / Newfoundland / Atlantic / Eastern

- Choose **Daylight Savings**

On / Off

- Select **Time Format**

12 hour / 24 hour

- **Auto Clock**

On / Off

NOTE: Only available in DTV. Clock can only be set manually or reset when Auto Clock is Off.

Use to synchronize the display automatically.

Setup Menu

MENU NAVIGATION

- Use the **Up and Down Arrow Keys** to select desired menu item.
- Use the **Left and Right Arrow Keys** to move through menu item options.
- Press **Enter** or use the **Right Arrow Key** to select desired menu item option.
- Press **Menu** to exit / return to previous screen.

SETUP MENU



- **Available Menu Languages**

English / French / Spanish

- **OSD Timeout**

5 sec. / 15 sec. / 30 sec. / 45 sec. / 60 sec. / Off

Adjusts the duration of the OSD menu.

- **Closed Caption**

See [CLOSED CAPTION](#)

- **Network Settings**

See [NETWORK SETTINGS](#)

- **Software Update (USB)**

Requires a USB flash drive with the appropriate update software file extracted to the root of the drive to be inserted into the TV's USB Type-A port. This option is then selected to initiate the update process.

- **SW Information**

Display area for software version, Main Board part number, Checksum value, and Build Time

- **Clone**

See [CLONE](#)

- **Console Auto On / Off**

Enable or disable the feature to turn On and Off a TV when a workout is started and ended respectively.

- **Other Settings**

See [OTHER SETTINGS](#)

CLOSED CAPTION



- **Closed Caption (CC) Mode**
CC Off / CC On / CC On Mute
- **Available Analog Caption Types**
CC1 - CC4 / Text1 - Text4
- **Available Digital Caption Types**
Service1 - Service6

CLOSED CAPTION OPTIONS



NOTE: Closed Captioning Option only available with DTV, Components, or HDMI input selections. Default for CC selection is ON.

- **Digital CC Preset**

Default / Custom)

NOTE: The Mode sub-menu is shown / accessible only when Mode is set to **Custom**.

- **Available CC Font Styles**

Default / Font 0 - Font 7

- **Available CC Font Size**

Default / Normal / Small / Large

- **Available CC Font Edge Style**

Default / None / Raised / Depressed / Uniform / Left Shadow / Right Shadow

- **Available CC Font Edge Color**

Default / Black / White / Red / Green / Blue / Yellow / Magenta / Cyan

- **Available CC Foreground Color**

Default / White / Red / Green / Blue / Yellow / Magenta / Cyan

- **Available CC Background Color**

Default / Black / White / Red / Green / Blue / Yellow / Magenta

- **Available Foreground Opacity**

Default / Solid / Flashing / Translucent / Transparent

- **Available CC Background Opacity**

Default / Solid / Flashing / Translucent / Transparent

NETWORK SETTINGS

Picture Sound Time **Setup** Lock Channels

Device Static IP Address 192.168.245.40

Device Mac EC:C1:AB:9C:B7:8A

Network Packet Info. >

VLAN Off >

Selected VLAN ID >

▲▼ Select ◀▶ Move MENU Return

Picture Sound Time **Setup** Lock Channels

Device Static IP Address 192.168.15.33

Device Mac EC:C1:AB:9C:B7:89

Network Packet Info. >

VLAN On >

Selected VLAN ID >

▲▼ Select ◀▶ Move MENU Return

Picture Sound Time **Setup** Lock Channels

Input Selected VLAN ID

PVID

Please input the port VLAN ID in the first box.

▲▼ Select ◀▶ Move MENU Return

- **Device Static IP Address**

The static IP address for the TV is added here. The static IP address is provided by the facility manager, IT personnel, or the A/V integrator. This allows the TV to access the IPTV network. Each TV within the facility needs to have its own unique static IP address

- **Device MAC Address**

The MAC address is a unique address assigned at the manufacturer that serializes the TV on the network. The alphanumeric characters cannot be changed or altered. May be requested by the facility.

- **Network Packet Info**

Diagnostics utility to review the packet counts being transferred and received when connected to an IPTV network. Can assist with determining issues with connectivity.

- **VLAN**

On / Off

- **Selected VLAN ID**

VLAN IDs can be added to the TV configuration when required. Some IPTV networks do not require this feature.

First cell is reserved for the Port VLAN ID or PVID. This is the VLAN number assigned to the network switch port the TV is directly connected to. Any additional VLANs that the TV must be aware of are inserted in the remaining 7 cells.

CLONE



Feature used to import and export channel list settings from one TV to another within a facility. Requires a USB flash drive which is inserted into the TV's USB Type-A port before execution of these commands. The cloned channel list file name will be TVClone.dat

- **Import TV Channels & TV Settings (TVClone.dat)**

Requires a USB flash drive with an exported channel list. This option is then selected to initiate the import process.

- **Export TV Channels & TV Settings**

Requires a USB flash drive to be inserted into the TV's USB Type-A port. This option is then selected to initiate the export process.

OTHER SETTINGS



- **Audio Only**

Play the audio with the picture turned off. Turn the Audio Only on and exit the OSD menu. The panel will be dark. Then press any key to exit the Audio Only Status.

On / Off

- **Reset**

NOTE: For Setup Wizard, refer to [INITIAL SETUP: SETUP WIZARD](#).

Change power on options or reset TV to factory default. To restore default select YES or NO.

- **Update Splash Screen**

Process used during manufacturing.

Lock Menu

MENU NAVIGATION

- Use the **Up and Down Arrow Keys** to select desired menu item.
- Use the **Left and Right Arrow Keys** to move through menu item options.
- Press **Enter** or use the **Right Arrow Key** to select desired menu item option.
- Press **Menu** to exit / return to previous screen.

ENTER PASSWORD



- Use the **Down Arrow Key** to highlight the password field.
- Enter the default password **0000** or the changed 4-digit password. Contact Customer Support Services for password issues.

CHANGE PASSWORD



- Enter current password.
- Enter a new 4-digit password.
- Re-enter new password to confirm. Use the **Right Arrow Key** to enter.

SYSTEM LOCK



Lock or unlock buttons on the TV.
On / Off

U.S. RATING - TV



- **NOTE:** Only available when System Lock is **On**.
- Restricts movies and TV programs by the U.S. content rating system. Press **Enter** to restrict / unrestrict.

Rating	Audience
TV-Y	This program is aimed at a very young audience, including children from ages 2-6.
TV-Y7	Programs designed for ages 7 and up.
TV-G	General audiences
TV-PG	Parental guidance is recommended; these programs may be unsuitable for younger children
TV-14	This program contains some material that many parents would find unsuitable for children under 14 years of age.
TV-MA	Adult audiences only

Sub-Ratings

Rating	Audience
D	Suggestive dialogue
L	Coarse / crude language
S	Sexual content
V	Violence
FV	Fantasy violence (exclusive to TV-Y7 rated programs)

CANADA RATING - TV



- **NOTE:** Only available when System Lock is **On**.
- The rating settings include Canada English and Canada French.

Canada English

Rating	Audience
Exempt	Programs that are exempt from ratings (news and sports)
C	Children under the age of 8
CB+	Children 8 years and older
G	General audience
PG	Intended for general audiences, but may not be suitable for children under the age of 8.
14+	Viewers 14 and older
18+	Adult programming

Canada French

Rating	Audience
G	General audience
8+	Viewers 8 years old and up
13+	Viewers 13 years old and up
16+	Viewers 16 years old and up
18+	Viewers 18 years old and up
E	Programs that are exempt from ratings (news and sports)

HOTEL MODE



NOTE: The following settings only work when Hotel Mode is set to **On**.

- **Channel**
See [HOTEL MENU: CHANNEL](#)
- **OSD**
See [HOTEL MENU: OSD](#)
- **Source**
See [HOTEL MENU: SOURCE](#)
- **Volume**
See [HOTEL MENU: VOLUME](#)
- **Power Management**
See [HOTEL MENU: POWER MANAGEMENT](#)
- **Key Management**
See [HOTEL MENU: KEY MANAGEMENT](#)

Lock Menu - Hotel Menu

MENU NAVIGATION

- Use the **Up and Down Arrow Keys** to select desired menu item.
- Use the **Left and Right Arrow Keys** to move through menu item options.
- Press **Enter** or use the **Right Arrow Key** to select desired menu item option.
- Press **Menu** to exit / return to previous screen.

HOTEL MENU: CHANNEL



- **Boot Source**
Last / TV / Hi-Def 1 / Hi-Def 2
- **Boot Channel**
Last
- **Tuner Lock**
On / Off
- **Direct Tuner Access**
On / Off

HOTEL MENU: OSD



- **Initial CC**
Last / CC Off / CC On / CC On Mute
- **Clear Vchip Password**
Execute clear command
- **Auto Reset Vchip**
Off / 4-hour / 8-hour / 12-hour / 24-hour
- **Clock Info Bar**
On / Off

HOTEL MENU: SOURCE



- **Input In Channel List**
- **Source Lock**
Block input sources
 - TV: (*Block / Unblock*)
 - Hi-Def 1: (*Block / Unblock*)
 - Hi-Def 2: (*Block / Unblock*)

HOTEL MENU: VOLUME



- **Speaker**
On / Off
- **Default Volume**
Last / 0-100
- **Max Volume**
1-100
- **Min Volume**
0-99

HOTEL MENU: POWER MANAGEMENT



Auto Power On

On / Off

HOTEL MENU: KEY MANAGEMENT



Main Menu Lock

On / Off

Channels Menu

MENU NAVIGATION

- Use the **Up and Down Arrow Keys** to select desired menu item.
- Use the **Left and Right Arrow Keys** to move through menu item options.
- Press **Enter** or use the **Right Arrow Key** to select desired menu item option.
- Press **Menu** to exit / return to previous screen.

CHANNELS SETTINGS



- **Channel IP Address Input**
See [CHANNEL IP ADDRESS INPUT](#)
- **Channel IP Address List & Edit**
See [CHANNEL IP ADDRESS LIST & EDIT](#)
- **TV Channel Auto Scan**
See [TV CHANNEL AUTO SCAN](#)
- **TV Channel Remap Selection**
Sort channels by *Virtual Number / Physical Number / Auto Index / Manual Index*
- **TV Channel Edit**
See [TV CHANNEL EDIT](#)
- **TV Channel Number**
Show the channel number.
 - 1, 2, 3, etc. for Auto Index / Manual Index
 - 4-1, 4-2, 5-1, 5-2, etc. for Physical Number / Virtual Number
- **TV Channel List - Load from USB (IP_list.txt)**
Loads a Channel List from an inserted USB stick that has the **IP_List.txt** file. This file is edited on a PC to match the content provided over the IPTV network.

CHANNEL IP ADDRESS INPUT



UDP / RTP IP Channel Add

Insert the multicast IP address for each channel using the 4 cells (IP0 through IP3).

NOTE: Multicast IP range is 224.0.0.0 - 239.255.255.255

- **IP0:** 224-239
- **IP1:** 0-255
- **IP2:** 0-255
- **IP3:** 0-255

Insert the Port assignment for the IP address entered that matches the channel(s).

NOTE: Multiple channels can be placed on the same IP address and port assignment.

Select **Enter** on the remote when done to save channel. Repeat process for all channels.

NOTE: Manual channel entry must be done on one TV and then an import / export of the channel list can be done on all other TVs.

CHANNEL IP ADDRESS LIST & EDIT



Channel List

Menu to show full channel list and allow for editing

- **Delete:** Press numeric 1 key
- **Add:** Press numeric 2 key
- **Edit:** Press numeric 3 key
- **Scan:** Press numeric 4 key

Del: Delete highlighted channel.

Add: Brings up the Input Channel IP address menu to add a channel.

Edit: Brings up the UDP / RTP IP Edit menu to change the highlighted channels IP address or port number.

Scan: Searches highlighted IP address for all channels under the same IP address and port number. The scan results will be saved.

TV CHANNEL AUTO SCAN

Automatically searches for channels that have been created within the IP Channel List. Sub-menu with a Yes and No option will appear.



- **TV Channels Found:** Total count of channels found during the scan process.
- **Channel IP Address:** Displays current IP address being scanned into the TV.

TV CHANNEL EDIT



Menu to edit channel details and order.

Channel Edit

Menu to show full channel list and allow for editing.

- **Rename:** Press numeric 1 key
- **Index Edit:** Press numeric 2 key
- **Skip:** Press numeric 3 key
- **Auto Sort:** Press numeric 4 key
- **Fav:** Press numeric 5 key

Rename: Brings up alphanumeric characters that can be selected and entered as the channel name.

Index Edit: Allows you to assign and change the channel order.

Skip: Used to disable a channel.

Auto Sort: Sorts the channel list based on the Index.


Fav: Used to tag certain channels to be added to the beginning of the channel list.

4. Maintenance and Troubleshooting

The *Life Fitness* Attachable TV System requires little maintenance and has been designed to withstand the environment of a fitness facility. However, please review our suggestions on cleaning and troubleshooting your *Life Fitness* Attachable TV System.

Cleaning

Regularly (at least once a week) clean the *Life Fitness* Attachable TV and cardio equipment using mild soap and water. Lightly dampen a soft clean cloth with the mild soap and water solution and wipe the product. Do not use too much solution on the cloth and do not spray or pour any solution directly on the products. Doing so could cause damage to the LCD panel or remote controls.

 **CAUTION:** Do not use liquid cleaners or aerosol cleaners to clean the screen. Do not use any solvents such as alcohol and paint thinner or acidic cleaners.

Approved and Compatible Cleaners

Two preferred cleaners have been approved by reliability experts: PureGreen 24 and Gym Wipes. Both cleaners will safely and effectively remove dirt, grime and sweat from equipment. PureGreen 24 and the Antibacterial Force formula of Gym Wipes are both disinfectants that are effective against MRSA and H1N1.

PureGreen 24 is available in a spray which is convenient for gym staff to use. Apply the spray to a microfiber cloth and wipe down the equipment. Use PureGreen 24 on the equipment for at least 2 minutes for general disinfection purposes and at least 10 minutes for fungus and viral control.

Gym Wipes are large, durable pre-moistened wipes to use on the equipment before and after workouts. Use Gym Wipes on the equipment for at least 2 minutes for general disinfection purposes.

Contact Customer Support Services to order these cleaners (1-800-351-3737 or email: customersupport@lifefitness.com).

Mild soap and water or a mild non-abrasive household cleaner can also be used to clean the display and all exterior surfaces. Use a soft microfiber cloth only. Apply the cleaner to the microfiber cloth before cleaning. DO NOT use ammonia or acid based cleaners. DO NOT use abrasive cleaners. DO NOT use paper towels. DO NOT apply cleaners directly to the equipment surfaces.

Troubleshooting

If you are having a problem with your TV, try the suggestions below. If the problem persists, contact *Life Fitness* Customer Support Services as outlined in the front of this manual.

Problem	Possible Solutions
No picture, No sound	<ul style="list-style-type: none">• Make sure the power cord is plugged in.• Be sure the power is ON by pressing the On / Off button on the remote control.• Choose an alternate channel using the Channel Up / Down arrow keys.• If all channels are missing, check the Ethernet cable at all points to ensure it is connected within the equipment and to the IPTV head end.• Consult with IT administrator or A/V integrator for additional assistance.
Poor picture, Poor sound	Consult with IT administrator or A/V integrator for additional assistance.
Screen does not turn on	<ul style="list-style-type: none">• Check the power supply converter output for 12 volts DC and replace if faulty.• Check the communication cable between the console and TV and replace if faulty.
No sound	<ul style="list-style-type: none">• Check the communication cable between the console and TV and replace if faulty.• Replace headphones.• Replace console headphone jack.• Replace TV.

Service

Any service, other than cleaning or user maintenance, must be performed by an authorized service representative.

For information about product service or operation, please contact *Life Fitness* Customer Service.

IMPORTANT: Do not attempt to service any of the Attachable TV System products except the service described in this manual.

Returning Equipment to *Life Fitness*

To return equipment to *Life Fitness* for any reason, you must contact *Life Fitness* to obtain a return maintenance authorization (RMA) number (see page one for contact information). When you request an RMA number, please explain why you are returning the equipment.

IMPORTANT: Equipment must be shipped with an RMA number in order for *Life Fitness* to process the return.

5. Warranty

What is Covered

This Life Fitness Family of Brands commercial exercise equipment product is warranted to be free of all defects in material and workmanship.

Who is Covered

The original purchaser or any person receiving the product as a gift from the original purchaser. Warranty will be voided on subsequent transfers.

How Long It is Covered

All coverage is provided by specific Product according to the guidelines listed in Warranty Information.

Who Pays Transportation and Insurance For Service

If the Product or any covered part must be returned to a service facility for repairs, We, Life Fitness Family of Brands, will pay all transportation and insurance charges for the first year. You are responsible for transportation and insurance charge after the first year.

What We Will Do To Correct Covered Defects

We will ship to you any new or rebuilt replacement part or component, or at our option, replace the Product. Such replacement parts are warranted for the remaining portion of the original warranty period.

What is Not Covered

Any failures or damage caused by unauthorized service, misuse, accident, negligence, improper assembly or installation, debris resulting from any construction activities in the Product's environment, rust or corrosion as a result of the Product's location, alterations or modifications without our written authorization or by failure on your part to use, operate and maintain the Product as set out in your Operation Manual ("Manual").

One type RJ45 interchangeable Network ready and Fitness Entertainment port is supplied with the Product. This port complies with the FitLinxx CSAFE specification dated August 4, 2004 stating: 4.75 VDC to 10 VDC; maximum current of 85 mA. Any Product damage caused by a load exceeding this FitLinxx CSAFE specification is not covered by warranty.

All terms of this warranty are void if this product is moved beyond the continental borders of the United States of America (excluding Alaska, Hawaii and Canada) and are then subject to the terms provided by that country's local authorized *Life Fitness* representative.

What You Must Do

Retain proof of purchase. use, operate and maintain the Product as specified in the Manual; notify the place of purchase of any defect within 10 days after discovery of the defect; if instructed, return any defective part for replacement or, if necessary, the entire Product for repair. *Life Fitness* reserves the right to decide whether or not a product is to be returned for repair.

How to Get Parts and Service

Refer to the Corporate Headquarters section of this manual for your local service contact information. Reference your name, address and the serial number of your Product (consoles and frames may have different serial numbers). They will tell you how to get a replacement part, or, if necessary, arrange for service where your Product is located.

Exclusive Warranty

THIS LIMITED WARRANTY IS IN LIEU OF ALL OTHER WARRANTIES OF ANY KIND EITHER EXPRESSED OR IMPLIED, INCLUDING BUT NOT LIMITED TO THE IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE, AND ALL OTHER OBLIGATIONS OR LIABILITIES ON OUR PART. We neither assume nor authorize any person to assume for us any other obligation or liability concerning the sale of this Product. Under no circumstances shall we be liable under this warranty, or otherwise, of any damage to any person or property, including any lost profits or lost savings, for any special, indirect, secondary, incidental or consequential damages of any nature arising out of the use of or inability to use this Product. Some states do not allow the exclusion or limitation of implied warranties or of liability for incidental or consequential damages, so the above limitations or exclusions may not apply to you.

Changes in Warranty Not Authorized

No one is authorized to change, modify or extend the terms of this limited warranty.

Effects of State Laws

This warranty gives you specific legal rights, and you may have other rights which vary from state to state and country by country.

Terms of Warranty Coverage

Please use the link below to access component warranty terms:

<http://lifefitness.com/warranties>

