



900mhz
800MHz
FM

*Serious about fitness.*

**INTERNATIONAL FREQUENCY CHART**

COUNTRY	FREQUENCY	COUNTRY	FREQUENCY
Albania	800	Israel	800
Antigua and Barbuda	900	Israel	800
Argentina	900	Italy	800
Armenia	800	Jamaica	900
Aruba	900	Japan	JAPAN SPECIFIC RECEIVER
Australia	900	Jersey (Channel Islands)	800
Austria	800	Jordan	900
Bahamas	900	Liechtenstein	800
Bahrain	900	Lithuania	800
Barbados	900	Luxembourg	800
Belarus	800	Macau	FM
Belgium	800	Malaysia	FM
Bermuda	900	Malta	800
Bolivia	800	Mexico	900
Bosnia-Herzegovina	800	Netherlands	800
Brazil	900	Netherlands Antilles	900
Bulgaria	800	New Zealand	900
Canada	900	Nicaragua	900
Cayman Islands	900	Norway	800
Chile	900	Oman	900
China	FM	Panama	900
Colombia	900	Paraguay	900
Costa Rica	900	Peru	900
Croatia	800	Philippines	FM
Cuba	900	Poland	800
Cyprus	800	Portugal	800
Czech Republic	800	Puerto Rico	900
Denmark	800	Qatar	900
Dominican Republic	900	Romania	800
Ecuador	900	Russia	900
Egypt	900	Saudi Arabia	900
El Salvador	900	Singapore	FM
Fiji	900	Slovak Republic	800
Finland	800	Slovenia	800
Former Czechoslovakia	800	South Africa	900
Former USSR	900	Spain	800
France	800	Sweden	800
France (European Territory)	800	Switzerland	800
Germany	800	Trinidad and Tobago	900
Great Britain	800	Turkey	800
Greece	800	Ukraine	800
Greenland	800	United Arab Emirates	900
Guatemala	900	United Kingdom	800
Hong Kong	FM	Uruguay	900
Hungary	900	Venezuela	900
Iceland	900	Virgin Islands British	900
Ireland	800	Virgin Islands USA	900
Isle of Man	800	Yugoslavia	800

\*If your country is not on listed, please contact Cybex customer service for the appropriate frequency