



# product information

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## Bravo Now Available with 4:1 Lifting Ratio

The Bravo is now available with a 4:1 lifting ratio. The 4:1 lifting ratio has two primary benefits:

- 1) The per plate load in the cable is half that of the standard Bravo making it ideal for physical therapy environments. On the standard Bravo, the 2:1 lifting ratio means that every 10 lb plate provides 5 lbs of resistance. The 4:1 version of Bravo drops the per plate resistance to 2.5 lbs for the 10 lb plates.
- 2) The 4:1 ratio means that weight stack travel is now  $\frac{1}{4}$  that which the handle moves. This provides two benefits: 1) greater travel, and 2) reduced momentum which lowers the plate's ability to become ballistic with high speed movements.

The 4:1 Bravo is available in both the Compact and Tall versions like the original Bravo but both versions have a choice between a "Light" 170 lb weight stack and the "Standard" 325lb. The "Light" weight stack is made up of 10 lb plates, while the "Standard" weight stack is made up of 10 lb plates up to 100 lbs with the balance of the stack made up of 15 lb plates.

Product Number	Stack Choice	Weight Stack Lb (kg)	Take-off Weight Lb (kg)	Maximum Load Lb (kg)	Cable Travel In (CM)
8800 / 8810	None	170 (77)	5 (2.3)	85 (38.5)	79 (200)
8830 / 8840	Light Stack	170 (77)	2.5 (1.1)	42.5 (19.3)	140 (355)
	Standard Stack	325 (147)	2.5 (1.1)	81.25 (36.9)	108 (274)

The 8830 product number denotes the "Compact" version, while the 8840 is the "Tall" Version. Externally, the 4:1 Bravo is indistinguishable from the original.

Product Number	Description	MSRP
8830	Bravo Functional Trainer (4:1, 170 lb stack, compact)	\$6,295
8830	Bravo Functional Trainer (4:1, 325 lb stack, compact)	\$6,995
8840	Bravo Functional Trainer (4:1, 170 lb stack, tall chin-up)	\$6,595
8840	Bravo Functional Trainer (4:1, 325 lb stack, tall chin-up)	\$7,395

## FT-360s Discontinuation

The FT-360s Functional Trainer is being discontinued. The last date to enter an order is 12.3.2010 and the last date of 12.30.2010.

## Jungle Gym Lat Bar



A Dual Handle Lat Bar is now available for those customers who wish to add the ability to do a traditional lat pull to a Dual Handle Lat Pull Station. Please note that the bar tabs are spaced work specifically with the Dual Handle Lat Pull station.

The Product Number is 17081-005 and the MSRP is \$75.



## **Jungle Gym Adjustable Cable Improvements**

Effective with December 8<sup>th</sup> production, the Adjustable Cable will receive a series of improvements including:

- An additional 2.25" of spacing between the adjusting column and the weight stack for easier pin installation.
- A revised adjusting column and insert for reduced play.
- Revised cable attachment to eliminate the possibility of incorrect installation.

The improvements are denoted by the use of product number 17091 for the Adjustable Cable Column and are included with all Cable Crossover versions.

## **Turquoise Service Upholstery**

Please note that Turquoise, which is currently a service color, is no longer available from Omnova and their Boltaflex line. Moving forward we will be substituting Uniroyal's Spirit Turquoise. While the color is a very close match and likely within manufacturing variation, it is not quite exact.