

R Series



Why Cybex?

Because, no fitness company does more to help you and your members get there faster. For more than 45 years, Cybex has combined detailed research and innovation to create fitness products that provide maximum results.

CYBEX[®]



R Series Cardio

Designed for facilities looking to provide intuitive cardio equipment focused on results for exercisers. With results-driven design, a modern aesthetic, and enhanced exerciser experience, these Cybex products combine our heritage in exercise science with industry-leading digital solutions through LFconnect.com.





R Series Treadmill

Rooted in the Cybex history of effective cardio equipment, but with an appealing new look and innovative features that resonate with exercisers driven by results.

Highlights

- The next generation **IS4 Intelligent Suspension System** provides a gradual deflection progression leading to “soft” landing on a large portion of the tread area. It matches the mechanics of running— soft upon landing, firm in the middle and rigid at toe-off.
- **Interval Training Zone** has been added to allow for easy speed changes for runners.
- Cybex **Service Wheel** (optional) allows for the treadmill to be moved easily during equipment rotation and routine maintenance.



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R Series Upright Bike

Cybex bikes are right for everyone – from rehab patients and first timers to super-fit cyclists. An updated industrial design ensures that the upright bike shares the same aesthetics as the rest of the R Series cardio equipment.

Highlights

- Comfortable seat with single-handed adjustment for quick and easy positioning
- Three quick-resistance modes for interval workouts
- 25 resistance levels
- Quick-release shrouds for easy servicing
- Easily adjustable pedal straps



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R Series Recumbent Bike

Combines sleek design with easy accessibility featuring a walkthrough design and grab handles under the console to make getting on and off easy for any exerciser.

Highlights

- Wraparound seat adjustment for quick and easy positioning
- Step-through design and ingress/egress handles
- 25 resistance levels
- Quick-release shrouds for easy servicing
- Easily adjustable pedal straps

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50L Console

A simplified experience for exercisers. Controls feature large buttons that are centrally located to ensure users can quickly get started and make fast adjustments. The bright LED display offers an easy-to-read panel to track progress.

Highlights

- Treadmill Workouts: Speed Bump, Rollers, Peaks, Hill Interval, Rolling Hills, Interval Plus
- Bike Workouts: Calorie Burner, Advanced Burner, Peaks, Ramps, Bursts, Waves
- Standard wireless connectivity for asset management through LFconnect.com and LFconnect Protect remote equipment monitoring
- QR code enables workout tracking through the LFconnect app
- Optional MYE integration
- Optional Attachable TV





Facility Management

Easily connect to [LFconnect.com](https://lfconnect.com) for detailed equipment use information, exerciser insights and preventive maintenance alerts. Connection also enables LFconnect Protect remote equipment monitoring, which allows our knowledgeable technicians to alert you in the rare case of a problem, often before you know one exists.

