

525C UPRIGHT BIKE

525 SERIES - THE NEW CARDIO LINE FROM CYBEX

The New 525 Series offers the industry leading Cybex commercial-level quality you'd expect, the durability and reliability you require and a new easy-to-use, centralized, console designed to provide an intuitive, accessible layout for users in managed and unsupervised environments.

RUGGED DURABILITY, MAXIMUM PERFORMANCE

The 525C is built on a robotically welded frame and features a three-piece forged steel mountain bike crank for maximum durability and reliability. One-handed seat adjustment, easy adjust pedal straps, racing handlebars with dual heart rate contacts, and a self-tensioning powered drive are designed to provide users of all levels with a comfortable and safe ride. For those looking to train for competitive events, the 525C offers a resistance range up to 600 watts and a variety of training workouts.

USER FRIENDLY TECHNOLOGY

The 525 Series standard console features a unique QR code that provides users with access to a mobile device optimized web-app to get the most out of their 525 workout. With features such as how-to-use videos, step-by-step instructions and training tools, exercisers can create and follow their own fitness programs. The optional high definition E3 View embedded wide screen monitor provides three distinct viewing modes that deliver the precise content you want on a 15.6" screen.



1 Standard Display



Exercise.



Entertainment.



Escape.

Specifications



Product Number	525C
Resistance Range	20 - 600 Watts
Modes of Operation	Bike Mode, Constant Power
Seat	One-hand ratcheting seat height adjustment with Cybex proprietary design features a comfort groove and is shaped to conform to the user
Dimensions (L x W x H)	48" x 22.5" x 64" (122 cm x 57 cm x 162.5 cm)
Display	Graphic display of workout profile via 8 x 5 LED; Numeric display of time, calories, revolutions per minute, calories per hour and heart rate including multi-color indication of heart rate range; Lower display shows road speed and resistance level
Workouts	Quick Start (Manual mode), four weight loss, four cardio; Workouts have 21 levels
Options	MYE Wireless audio receiver; E3 View embedded HD monitor; iPod / iPhone integration with 30-pin connector
Heart Rate Monitoring	Contact Grips and Wireless
Connectivity	CSAFE (certification-pending)
Max User Weight	400 lbs (181 kg)
Power	Self-powered
Compliance	ETL Listed to UL1647, ASTM, EN 957, CE Low Voltage Directive, FCC Class B, RoHS



2 E3 View Optional Display



CYBEX PRODUCTS ARE DESIGNED AND BUILT IN THE USA



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*Made for iPod, and *Made for iPhone means that an electronic accessory has been designed to connect specifically to iPod, or iPhone respectively, and has been certified by the developer to meet Apple performance standards. Apple is not responsible for the operation of this device or its compliance with safety and regulatory standards. Please note that the use of this accessory with iPod, or iPhone may affect wireless performance. iPhone, iPod nano, and iPod touch are trademarks of Apple Inc., registered in the U.S. and other countries. Compatibility list of the iPod and iPhone models includes iPod touch (2nd generation), iPod touch (1st generation), iPod nano (5th generation), iPod nano (4th generation), iPod nano (3rd generation), iPhone 3GS, iPhone 3G, iPhone 4, and iPhone.

525R RECUMBENT BIKE

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RUGGED DURABILITY, MAXIMUM PERFORMANCE

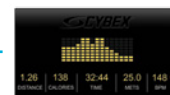
The 525R is built on a robotically welded frame and features a three-piece forged steel mountain bike crank for maximum durability and reliability. One-handed seat adjustment, step-through design, easy adjust pedal straps, side grips with dual heart rate contacts, and a self-tensioning powered drive are designed to provide users of all levels with a comfortable and safe ride. For those looking to train for competitive events, the 525R offers a resistance range up to 600 watts and a variety of training workouts.

USER FRIENDLY TECHNOLOGY

The 525 Series standard console features a unique QR code that provides users with access to a mobile device optimized web-app to get the most out of their 525 workout. With features such as how-to-use videos, step-by-step instructions and training tools, exercisers can create and follow their own fitness programs. The optional high definition E3 View embedded wide screen monitor provides three distinct viewing modes that deliver the precise content you want on a 15.6" screen.



1 Standard Display



Exercise.



Entertainment.



Escape.

Specifications



Product Number	525R
Resistance Range	20 – 600 Watts
Modes of Operation	Bike Mode, Constant Power
Seat	Single handed adjustment from seated position
Dimensions (L × W × H)	65" × 25" × 52" (165 cm × 63.5 cm × 132 cm)
Display	Graphic display of workout profile via 8 × 5 LED; Numeric display of time, calories, revolutions per minute, calories per hour and heart rate including multi-color indication of heart rate range; Lower display shows road speed and resistance level
Workouts	Quick Start (Manual mode), four weight loss, four cardio; Workouts have 21 levels
Options	MYE Wireless audio receiver; E3 View embedded HD monitor; iPod / iPhone integration with 30-pin connector
Heart Rate Monitoring	Contact Grips and Wireless
Connectivity	CSAFE (certification-pending)
Max User Weight	400 lbs (181 kg)
Power	Self-powered
Compliance	ETL Listed to UL1647, ASTM, EN 957, CE Low Voltage Directive, FCC Class B, RoHS



2 E3 View Optional Display



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