

525AT ARC TRAINER

525 SERIES - THE NEW CARDIO LINE FROM CYBEX

The New 525 Series offers the industry leading Cybex commercial-level quality you'd expect, the durability and reliability you require and a new easy-to-use, centralized, console designed to provide an intuitive, accessible layout for users in managed and unsupervised environments.

TOTAL BODY CROSS TRAINER

A commercial-quality cross trainer with the patented Arc design that gives fast fitness results. Train for weight loss, strength and power on one machine. The Cybex 525AT Arc Trainer® offers broad incline and resistance ranges to do the work of three machines in one. At the lower incline levels the "glide" is a cross country skier. In the mid-range levels the motion is a "stride" (like an elliptical except with proper positioning). At the high levels it's the "climb" of a stepper or climber. Research shows that the Cybex Arc Trainer burns more calories than any other cross trainer or elliptical tested.

USER FRIENDLY TECHNOLOGY

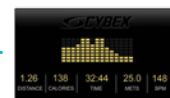
The 525 Series standard console features a unique QR code that provides users with access to a mobile device optimized web-app to get the most out of their 525 workout. With features such as how-to-use videos, step-by-step instructions and training tools, exercisers can create and follow their own fitness programs. The optional high definition E3 View embedded wide screen monitor provides three distinct viewing modes that deliver the precise content you want on a 15.6" screen.



1 Standard Display



2 E3 View Optional Display



Exercise.



Entertainment.



Escape.



Specifications



Product Number	525AT
Resistance Range	Up to 600 Watts
Incline Levels	21
Stride Length	24" (61 cm)
Dimensions (L x W x H)	70.5" x 30" x 62.5" (179 cm x 76 cm x 159 cm)
Display	Graphic display of workout profile via 8 x 5 LED; Numeric display of time, calories, strides per minute, calories per hour and heart rate including multi-color indication of heart rate range; Lower display shows incline and resistance level
Workouts	Quick Start (Manual mode), three weight loss, three cardio, two power; Workouts have 10 levels
Options	MYE Wireless audio receiver; E3 View embedded HD monitor; iPod / iPhone integration with 30-pin connector
Heart Rate Monitoring	Contact Grips and Wireless
Connectivity	CSAFE (certification-pending)
Max User Weight	400 lbs (181 kg)
Power	AC Powered: 115V, 208V-220V, 230V
Compliance	ETL Listed to UL1647, ASTM, EN 957, CE Low Voltage Directive, FCC Class B, RoHS



CYBEX PRODUCTS ARE DESIGNED AND BUILT IN THE USA



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