

# Appendix A - Technical Specifications

## Specifications

Length:	80" (204 cm).
Width:	34" (86 cm).
Running Area:	22" x 62" (56 cm x 157 cm).
Weight of Product:	410 lbs. (186 kg).
Shipping Weight	440 lbs. (200 kg).
Speed Range:	0.5 to 15.6 mph (0.8 to 25.1 kph) in 0.1 mph or 0.1 kph increments. Default Max Speed is 12.4 mph (20.0 kph).
Incline Range:	-3 to 15% grade.
Manual Mode:	Yes.
Programs:	Quick Start plus Manual, Weight Loss, Rolling Hills, Hills, Pikes Peak, Hill Interval 1:1, Hill Interval 1:2, Hill Interval 1:3, Cardio, HR Control, eight Fitness Tests and nine Custom Programs.
Standard Features:	Safety Sentry™, Contact Heart Rate, Polar® wireless heart rate (chest strap not included), CSAFE, frame color choices include white texture, black texture, metaltone gold, black chrome and platinum sparkle.
Optional Features:	Unlimited custom colors available.
Power Requirement:	Grounded, single phase, dedicated line (discreet power and return for each circuit) and one of the following: <ul style="list-style-type: none"><li>• 100 VAC, 50/60 Hz, 20A.</li><li>• 115 VAC, 60 Hz, 20A.</li><li>• 220 VAC, 60 Hz, 15A.</li><li>• 230 VAC, 50 Hz, 15A.</li><li>• 230 VAC, 50 Hz, 13A.</li></ul>
Motor:	3.0 hp Continuous, 6.0 hp Peak, AC, Brushless.
Emergency Stop:	Pull the emergency stop key (e-stop).
Maximum User Weight:	400 lbs. (181 kg).
Options:	Embedded A/V channel and volume controls and video mount bracket.

