

ORANGETHEORY Fitness Console

Owner's Manual



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User and Service Documents Link

Operation Manuals and other Product Information available at
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Instrukcje obsługi i inne informacje o produktach dostępne na stronie
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Manuais de Operação e Informações sobre outros produtos disponíveis em
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1. Overview

Console







1	Touch Screen Display	<ul style="list-style-type: none">• Use to select workouts.• Access the Service Menu.
2	USB	Charge USB devices.


2. Safety


Safety Instructions


Read all instructions before use.

-  **CAUTION:** Any changes or modifications to this equipment could void the product warranty.
 -  **WARNING:** To reduce the risk of burns, fire, electric shock, or injury, it is imperative to connect each product to a properly grounded electrical outlet.
 -  **WARNING:** Health-related injuries may result from incorrect or excessive use of exercise equipment. Life Fitness STRONGLY recommends seeing a physician for a complete medical exam before undertaking an exercise program, particularly if the user has a family history of high blood pressure or heart disease, is over the age of 45, smokes, has high cholesterol, is obese, or has not exercised regularly in the past year. If, at any time while exercising, the user experiences faintness, dizziness, pain, or shortness of breath, he or she must stop immediately.
 -  **DANGER:** To reduce the risk of electrical shock or injury from moving parts, always unplug product before cleaning or attempting any maintenance activity.
- Never operate the product if it has a damaged power cord or electrical plug, or if it has been dropped, damaged, or even partially immersed in water. Contact Customer Support Services.
 - Position the product so that the power cord plug to the wall is accessible to the user. Make sure that the power cord is not knotted or twisted and that it is not trapped under any equipment or other objects.
 - If the electrical supply cord is damaged, it must be replaced by the manufacturer, an authorized service agent, or a similarly qualified person to avoid a hazard.
 - Always follow the console instructions for proper operation.
 - This appliance is not intended for use by persons (including children) with reduced physical, sensory, or mental capabilities, or lack of experience or knowledge unless they have supervision or been given instruction concerning the use of the appliance by a person responsible for their safety.
 - Do not use this product outdoors, near swimming pools or in areas of high humidity.
 - Never operate the product with the air openings blocked. Keep air openings free of lint, hair, or any other obstructing material.
 - Never insert objects into any opening in these products. If an object should drop inside, turn off the power, unplug the power cord from the outlet, and carefully retrieve it. If the item cannot be reached, contact Customer Support Services.
 - Never place liquids of any type directly on the unit, except in an accessory tray or holder. Containers with lids are recommended.
 - Do not use these products in bare feet. Always wear shoes. Wear shoes with rubber or high-traction soles. Do not use shoes with heels, leather soles, cleats or spikes. Make sure no stones are embedded in the soles.
 - Keep all loose clothing, shoelaces, and towels away from moving parts.
 - Do not reach into, or underneath, the unit or tip it on its side during operation.
 - This equipment is not intended for use by children. Keep children under the age of 14 away from the machine.
 - Do not allow other people to interfere in any way with the user or equipment during a workout.
 - Use these products for their intended use as described in this manual. Do not use attachments that have not been recommended by the manufacturer.
 - Free standing equipment shall be installed on a stable and leveled surface.
 - Read all warnings on each product prior to starting a workout.
 - If warnings are missing or damaged, please contact Customer Support Services immediately for replacement warning labels. Warning labels are shipped with every product and should be installed before product is used. Life Fitness is not responsible for missing or damaged warning labels.
 - Allow LCD consoles to “normalize” with respect to temperature for one hour before plugging the unit in and using.

Treadmill

 **CAUTION:** Risk of injury to persons - to avoid injury, use extreme caution when stepping onto or off of a moving belt. Read assembly instruction manual before using.

 **WARNING:** Keep the area 6.5 ft. (2 m) by 3 ft. (0.9 m) behind the treadmill clear of any obstructions, including walls, furniture, and other equipment. Contact Customer Support Services for an optional longer power cord if necessary.

 **WARNING:** Be sure the emergency stop lanyard is clipped to the user and in proper position on the treadmill before beginning any workout.


 **WARNING:** The belt centering adjustment must be performed if the belt is not between the marks indicating the maximum allowed lateral positions. Refer to Treadmill Assembly Instructions.


- The product should never be left unattended when plugged in. Disconnect from the electrical outlet when not in use, and before putting on or taking off parts. To disconnect, turn power OFF at the ON/OFF switch, then remove plug from electrical outlet.
- Keep the power cord away from heated surfaces. Do not pull the equipment by the power cord or use the cord as a handle.
- Handrails may be held to enhance stability as needed, but are not for continuous use.
- Never mount or dismount the treadmill while the running belt is moving. Use the handrails whenever additional stability is required. In case of an emergency, such as tripping, grasp the handrails, and place the feet on the side platforms.
- Never walk or jog backwards on the treadmill.
- Do not use this product in areas where aerosol spray products are being used or where oxygen is being administered. Such substances create the danger of combustion and explosion.
- In conformity with the European Union Machinery Directive 2006/42/EC, this equipment unloaded runs at sound pressure levels below 70 dB (A) at the average operating speed of 12 km/hr. Noise emission under load is higher than without load.


SAVE THESE INSTRUCTIONS FOR FUTURE REFERENCE.


Consignes de Sécurité

Lire toutes les instructions avant usage.

 **Mise En Garde :** Toute modification apportée à cet équipement pourrait en annuler la garantie.

 **Avertissement :** Pour réduire les risques de brûlures, d'incendies, de chocs électriques ou de blessures, il est essentiel de brancher chaque appareil sur une prise électrique correctement mise à la terre.


 **Avertissement :** Une utilisation incorrecte ou excessive de l'appareil peut entraîner des blessures. Life Fitness Recommande VIVEMENT aux utilisateurs de passer un examen médical complet avant d'entamer un programme d'entraînement, et tout particulièrement dans les cas suivants : antécédents familiaux d'hypertension (pression sanguine trop élevée) ou de pathologies cardiaques, utilisateurs de 45 ans ou plus, tabagisme, hypercholestérolémie (taux de cholestérol sanguin trop élevé), obésité, absence d'exercice physique depuis un an ou plus. Si, pendant l'usage de l'appareil, l'utilisateur éprouve un malaise, des vertiges, des douleurs ou des difficultés à respirer, il doit s'arrêter immédiatement.


 **Danger :** Pour réduire les risques de chocs électriques ou de blessures en raison des pièces mobiles, débranchez toujours les produits avant de les nettoyer ou de procéder aux tâches d'entretien.


- Ne faites jamais fonctionner le produit dont la fiche ou le cordon d'alimentation sont altérés, ni aucun appareil qui serait tombé, aurait été endommagé ou même partiellement plongé dans l'eau. Contactez le Service clients.
- Placez l'appareil de façon à ce que l'utilisateur ait accès à la fiche du cordon d'alimentation. Assurez-vous que le cordon d'alimentation n'est pas noué ou tordu et qu'il n'est pas coincé sous un autre appareil ou sous tout autre objet.
- Si le cordon d'alimentation électrique est endommagé, il doit être remplacé par le fabricant, par un réparateur agréé ou par une personne qualifiée afin d'éviter tout danger.
- Suivez toujours les instructions s'affichant sur la console.
- Cet appareil n'est pas destiné à être utilisé par des personnes ou des enfants présentant des capacités physiques, sensorielles ou mentales réduites, ou un manque d'expérience et de connaissances, sauf en cas de supervision ou d'instructions relatives à son utilisation par une personne responsable de leur sécurité.
- N'utilisez pas ce produit à l'extérieur, près d'une piscine ou dans des endroits très humides.
- Ne jamais utiliser le produit en ayant les ouvertures d'air bloquées. Le système d'aération doit être propre et ne contenir aucun résidu de tissus, cheveux ou autres matériaux.
- N'insérez jamais d'objet dans les ouvertures de cet appareil. Si un objet tombe dans l'appareil, mettez ce dernier hors tension, débranchez le cordon d'alimentation et récupérez l'objet avec précaution. Si vous ne pouvez pas l'atteindre, contactez le Service clients.
- Ne placez jamais de liquides d'aucune sorte directement sur l'appareil, sauf si vous disposez d'un support ou d'un plateau pour accessoires. Nous vous recommandons de n'utiliser que des récipients pourvus d'un bouchon.
- N'utilisez pas ce produit pieds nus. Portez toujours des chaussures. Portez des chaussures avec semelles en caoutchouc ou antidérapantes. N'utilisez pas de chaussures à talon, à semelle en cuir, à crampons ou à pointes. Vérifiez qu'aucun gravier n'est coincé dans vos semelles.
- Éloignez les vêtements amples, les lacets de chaussure et les serviettes des parties mobiles de l'appareil.
- Ne placez pas les mains à l'intérieur ou sous l'appareil ; ne le faites pas basculer sur le côté durant son fonctionnement.
- Cet équipement n'est pas destiné à être utilisé par les enfants. Tenez les enfants âgés de moins de 14 ans à l'écart de la machine.
- Ne laissez personne gêner l'utilisateur ou le fonctionnement de l'appareil pendant un exercice.
- Utilisez cet équipement uniquement aux fins auxquelles il est destiné et de la manière décrite dans le présent manuel. N'utilisez pas d'accessoires non recommandés par le fabricant.
- L'appareil utilisé de manière autonome doit être installé sur une surface stable et plane.
- Lisez les avertissements avant de commencer à vous entraîner.
- Si certaines étiquettes d'avertissement sont manquantes ou endommagées, contactez immédiatement le Service à la clientèle. Nous vous en fournirons de nouvelles. Les étiquettes d'avertissement sont expédiées avec les appareils et doivent être installées avant utilisation de ces derniers. Life Fitness n'est pas responsable des étiquettes manquantes ou endommagées.
- Laissez les consoles LCD s'adapter à la température ambiante pendant une heure avant de brancher l'appareil et de l'utiliser.

Tapis de course

 **Mise En Garde :** Risque de blessures - pour éviter toute blessure, faire preuve d'extrême prudence pour monter sur un tapis en mouvement, ou pour en descendre. Lisez les instructions d'assemblage avant toute utilisation.

 **Avertissement :** Laissez un espace de 2 m sur 0,9 m (6,5 pi. sur 3 pi.) autour de la machine. Ne placez pas cette dernière près de murs, meubles ou autres équipements qui pourraient en obstruer l'accès. Contactez le service à la clientèle pour obtenir un cordon plus long au besoin.

 **Avertissement :** Avant de commencer tout exercice, il convient de s'assurer que le cordon de sécurité est bien fixé à l'utilisateur et correctement placé sur le tapis de course.

 **Avertissement :** La surface de course doit être recentrée si elle ne se situe pas entre les marques indiquant les positions latérales maximales autorisées. Consultez les instructions d'assemblage du tapis de course.

- Ne laissez jamais l'appareil sans surveillance lorsqu'il est branché. Débranchez-le systématiquement après son utilisation, et avant l'ajout et le retrait de pièces. Pour débrancher l'appareil, placez l'interrupteur sur OFF et ôtez la prise électrique du mur.
- Maintenez le cordon d'alimentation à l'écart des surfaces chaudes. Ne tirez pas l'appareil par son cordon et n'utilisez pas celui-ci comme une poignée.
- Les barres d'appui latérales peuvent servir à améliorer la stabilité, le cas échéant, mais elles ne sont pas conçues pour être utilisées de façon continue.
- Ne montez et ne descendez jamais du tapis de course lorsqu'il est en marche. Le cas échéant, utilisez les barres latérales pour renforcer votre stabilité. En cas d'urgence, si vous trébuchez par exemple, saisissez les barres latérales et placez les pieds sur les plates-formes latérales.
- Ne reculez jamais sur le tapis, que ce soit en marchant ou en courant.
- N'utilisez pas l'appareil en présence d'aérosols ou en cas d'administration d'oxygène. Ces substances pourraient entraîner des risques d'incendie et d'explosion.
- Conformément à la directive machines 2006/42/CE de l'Union européenne, à vide, cet équipement fonctionne à des niveaux de pression acoustique inférieurs à 70 dB(A) à une vitesse de fonctionnement moyenne de 12 km/h. Les émissions sonores sont plus importantes lorsque l'appareil est chargé.

CONSERVEZ PRÉCIEUSEMENT CES INSTRUCTIONS POUR CONSULTATION ULTÉRIEURE.


Before Use

Before using this product, it is essential to read this ENTIRE operation manual and ALL assembly instructions. It describes equipment setup and instructs members on how to use it correctly and safely.

Avant d'utiliser ce produit, il est indispensable de lire ce manuel d'utilisation dans son INTÉGRALITÉ, ainsi que TOUTES les instructions d'installation. Ce manuel explique comment installer l'équipement et comment l'utiliser correctement et sans danger.

FCC Warning - Possible Radio / Television Interference

EN ISO 20957 Class S: Professional and / or commercial use.

 **NOTE:** This equipment has been tested and found to comply with the limits for a Class A digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy, and if not installed and used in accordance with the user manual, may cause harmful interference to radio communications. However, there is no guarantee that the interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and the receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.


Any service, other than cleaning or user maintenance, must be performed by an authorized service representative.


Functional Information

This Operation Manual describes the functions of the following products:

Statements of Purpose:

- The Life Fitness Treadmill is an exercise machine that enables users to walk or run, in place, indoors on a moving surface.

 **WARNING:** Health-related injuries may result from incorrect or excessive use of exercise equipment. Life Fitness STRONGLY recommends seeing a physician for a complete medical exam before undertaking an exercise program, particularly if the user has a family history of high blood pressure or heart disease, is over the age of 45, smokes, has high cholesterol, is obese, or has not exercised regularly in the past year. If, at any time while exercising, the user experiences faintness, dizziness, pain, or shortness of breath, he or she must stop immediately.

 **WARNING:** Une utilisation incorrecte ou excessive de l'appareil peut entraîner des blessures. Life Fitness Recommande VIVEMENT aux utilisateurs de passer un examen médical complet avant d'entamer un programme d'entraînement, et tout particulièrement dans les cas suivants : antécédents familiaux d'hypertension (pression sanguine trop élevée) ou de pathologies cardiaques, utilisateurs de 45 ans ou plus, tabagisme, hypercholestérolémie (taux de cholestérol sanguin trop élevé), obésité, absence d'exercice physique depuis un an ou plus. Si, pendant l'usage de l'appareil, l'utilisateur éprouve un malaise, des vertiges, des douleurs ou des difficultés à respirer, il doit s'arrêter immédiatement.

Immobilization Method - Featured Console

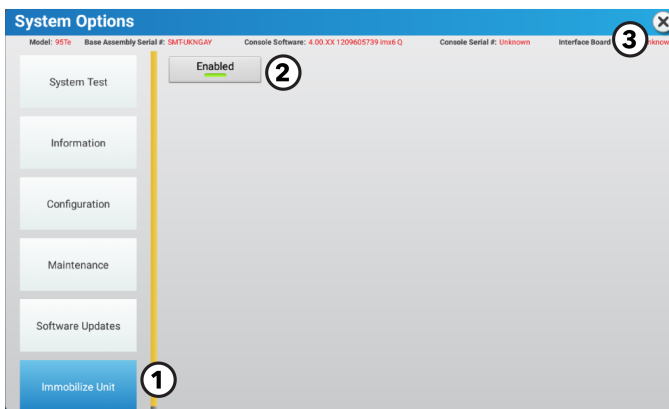
The purpose of immobilizing the treadmill is to prevent unauthorized use. The system causes immobilization of the treadmill when activated.

Access the **System Options** menu.

The touch sequence is **UPPER-LEFT**, **UPPER-RIGHT**, **UPPER-LEFT**, and **UPPER-RIGHT**.



1. Tap the **Immobilize Unit** icon.



Item	Description	Qty.
1	Immobilize Unit icon	1
2	Enabled icon	1
3	Exit icon	1

2. Tap the **Enabled** button.
3. Tap the **X** to exit **System Options**.

To turn immobilization off, enter **System Options** and tap the **Immobilize Unit** icon to disable.

3. Operation

Workouts

The screenshot displays a treadmill control interface with the following elements:

- INCLINE Grid (Left):** A 5x2 grid of buttons labeled 1 through 10, representing incline percentages from 14% down to 0%.
- MPH Grid (Right):** A 5x2 grid of buttons labeled 1 through 10, representing speeds from 11 MPH down to 1 MPH.
- Workout Modes Table:**

	BASE	PUSH	ALL OUT
POWER WALKER	3.5 - 4.5 MPH 1 - 3% INCLINE	4% OR GREATER	10% OR GREATER
JOGGER	4.5 - 5.5 MPH 1 - 3% INCLINE	~1 - 2 MPH OVER BASE	2+ MPH OVER BASE
RUNNER	5.5+ MPH 1 - 3% INCLINE	~1 - 2 MPH OVER BASE	2+ MPH OVER BASE
- Control Buttons (Bottom):** Includes a red '3' button (Stop/Pause), a blue '4' button (Cool Down), an 'INCLINE' display showing 4.0 with up/down arrows (5), a 'MPH' display showing 8.5 with up/down arrows (6), a circular 'ELAPSED' timer showing 10:18, and a distance display showing 1.33 MI and 158 CAL.

- 1. INCLINE** -Press or double-press any of the numbers to increase or decrease the incline of the treadmill.
- 2. Speed** -Press or double-press any of the numbers to increase or decrease the speed of the treadmill.
- 3. Stop / Pause** -Press to stop or pause a workout.
- 4. Cool Down** -Press during workout to begin a cool down period.
- 5. INCLINE** -Press the ▲ and ▼ to increase incline and decrease incline by 0.5% intervals.
- 6. Speed** -Press the ▲ and ▼ to increase speed and decrease speed by 0.5 MPH intervals.

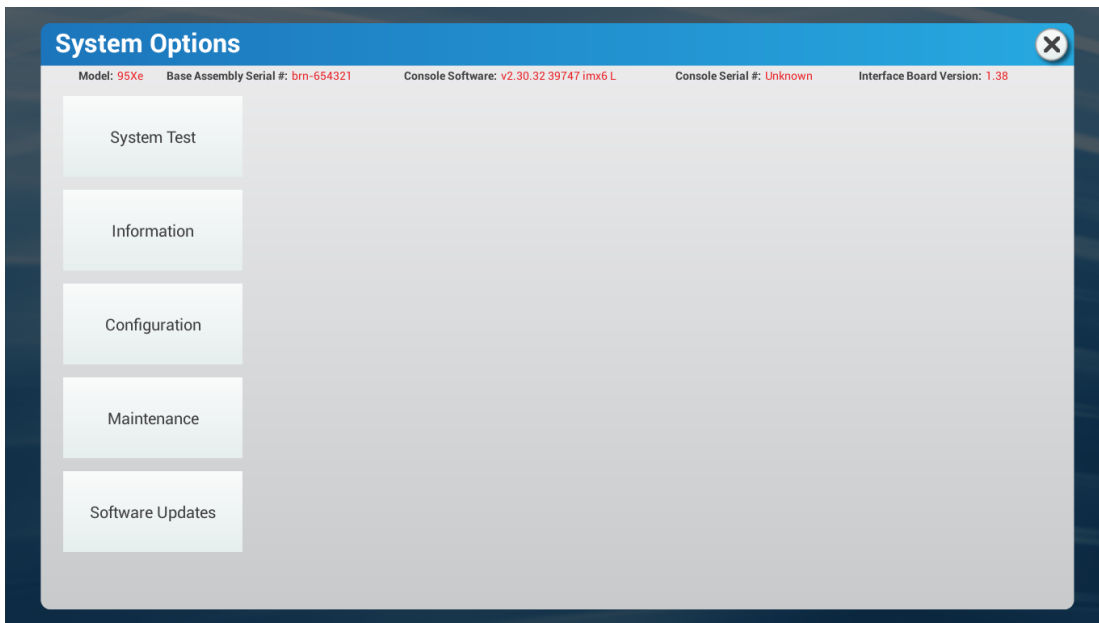
Service Menu

1. Touch the upper-left part of the screen, then touch the upper-right, then touch the upper-left, then touch the upper-right.



Systems Options

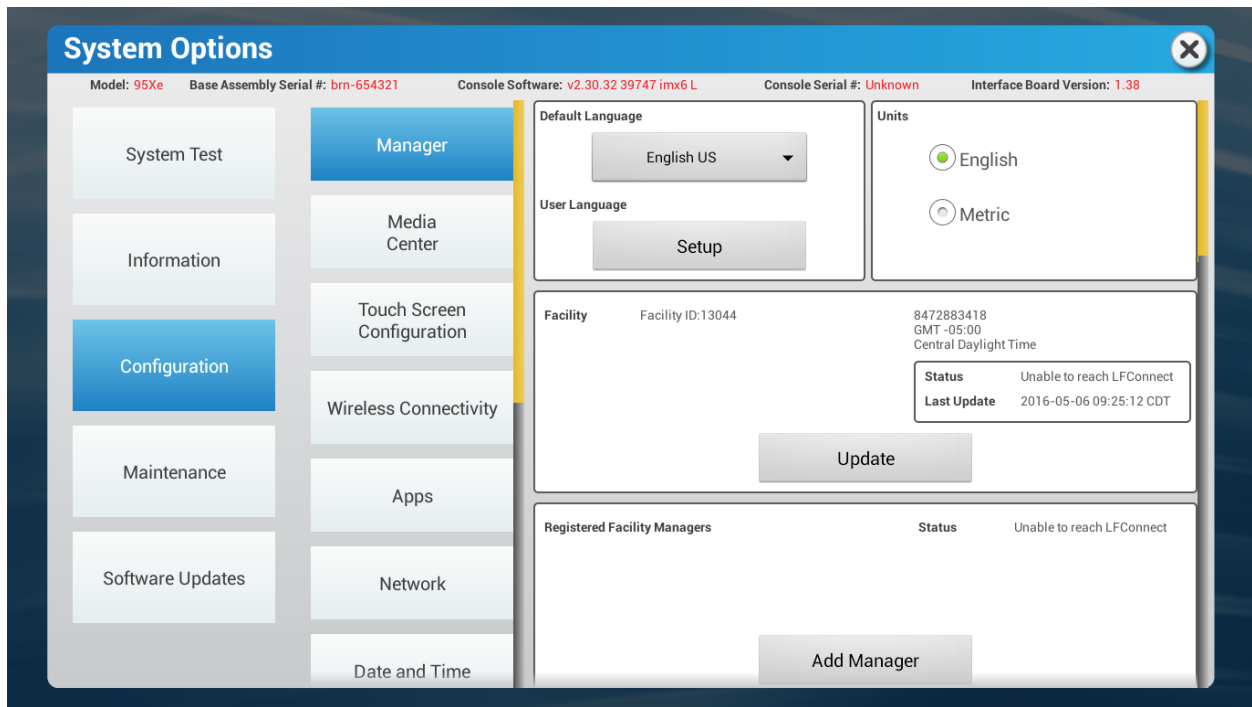
- System Test
- Information
- Configuration
- Maintenance
- Software Updates



Configuration

The **Configuration** menu allows fitness facility managers to configure basic functionality of the product as well as network and media settings. The button of the selected option is blue. When a selection is made, the **System option** menu screen appears to the right.

Manager	Set unit defaults.
Media Center (not applicable)	<ul style="list-style-type: none">• TV• Lifescape• Audio Setup• Picture Setup
Touch Screen Configuration	Follow the instructions on the screen to recalibrate the Touch Screen. Contact Customer Support Services if repeated attempts at calibration were unsuccessful.
Wireless Connectivity	<ul style="list-style-type: none">• Enable or disable Wireless Connectivity.• Option to add wireless network.• Disable wireless connectivity to change the frequency band.
Apps (not applicable)	Featured apps on the console are listed.
Network	<ul style="list-style-type: none">• Identification• Level of Internet access• Google SafeSearch• Require user identification for internet access?
Date / Time	Set date and time.
Export / Import Settings	<ul style="list-style-type: none">• Export settings to USB stick.• Import settings from USB stick.
Ethernet	Ethernet advanced settings
Bluetooth (not applicable)	Enable/Disable Bluetooth.
RFID (not applicable)	<ul style="list-style-type: none">• Enable RFID• Select tag type.
Media Setup (not applicable)	<ul style="list-style-type: none">• Equipment type (treadmill or non tread)• Archive media files• Available Space & Required Space




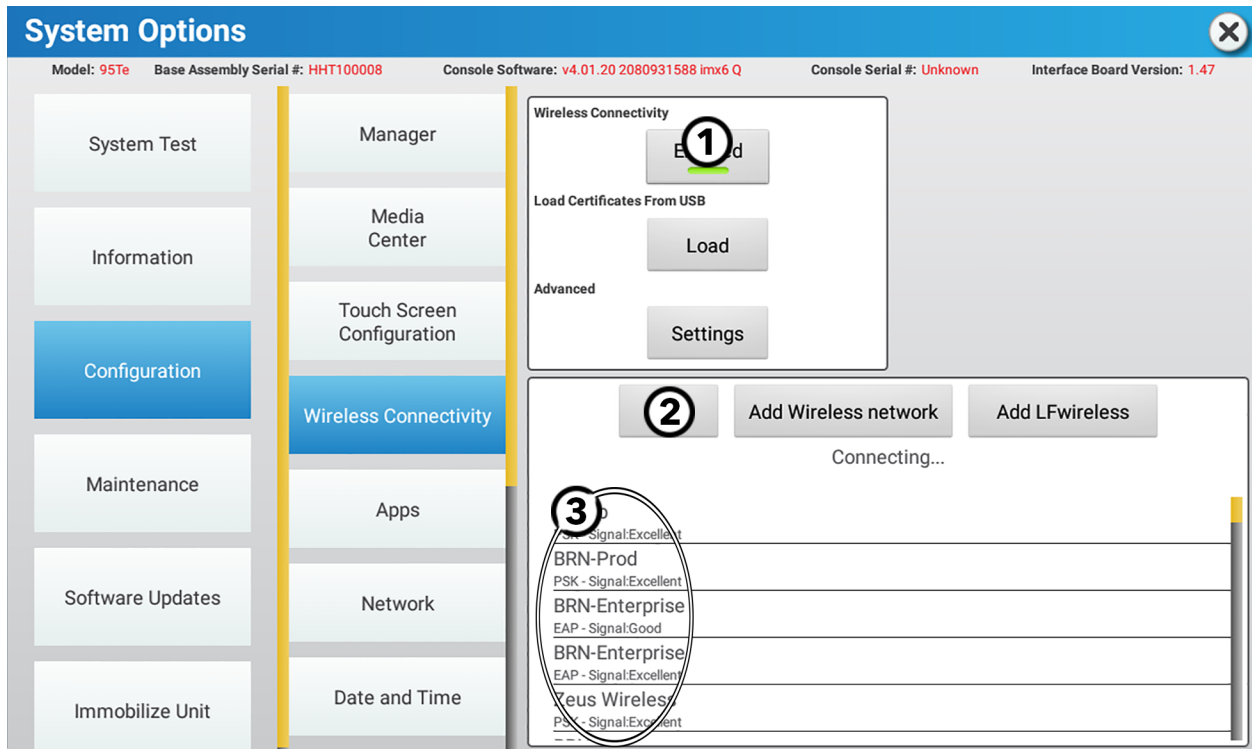
Setting	Default	Description
Default Language	English US	This option sets a new default language. Choices include: <i>English, Spanish, and French.</i>
User Language	English US	This option sets the language of user messages and service messages. Choices include: <i>English, Japanese, Italian, Turkish, Arabic, English UK, Dutch, French, Polish, Catalan, Simplified Chinese, Traditional Chinese, Spanish, Russian, Finnish, Basque, German, Portuguese, Korean, Hungarian, Hebrew and Welsh.</i>
Units	English	Set the measurement unit type for weight, distance, height, and speed. NOTE: Metric available.
Facility	On	This option creates facility information.
Registered Facility Manager	On	This option creates facility management information.
Workout Duration Configuration	60 minute max	Set maximum workout duration limits. 99 minutes maximum.
Pause Time	1 minute	Set the maximum time during which a workout can remain in pause mode. 99 minutes maximum.
Program Timeout	30 seconds	The amount of time, ranging from 0 - 255 seconds, a user can go without touching the LCD touch screen during workout setup before the unit returns to the Home Screen.
InActivity Timer	On, 2 hours	Set the desired amount of time of inactivity before the system automatically turns off the LCD touch screen backlight.
Auto Off / Auto On	Off	Set the time of day for the system to automatically turn off the LCD touch screen backlight.
System Sounds	On	This option controls whether the system speaker beep is generated on key presses.
Marathon Mode	Enabled	This option allows the user to workout indefinitely.
Telemetry	Enabled	Switching on the telemetry feature makes it possible to use the Polar®-compatible Heart Rate Zone Training exercises with a Polar telemetry heart rate chest strap for monitoring the heart rate.
Speed Increase Limiting with Up Key	Off	When enabled, the user cannot press and hold the speed button to increase the speed.

Treadmill Only

Setting	Default	Description
Maximum Speed	12.0 MPH (7 KPH)	Set the fastest speed the treadmill can operate.
Minimum Speed	0.5 MPH (0.8 KPH)	Set the slowest speed the treadmill can operate.
Maximum % Incline	15.0	This option changes the maximum incline grade to a value lower than 15%.
Activity Zone Speed Keys	Enabled	This option allows the user to assign belt speed to Walk / Jog / Run values.
Stride Sensor (95T only)	On	This option automatically pauses the workout if the user steps off the belt.
Deceleration Rate	5	The rate at which the treadmill decelerates to the selected speed, ranging from 1 (slowest) to 5 (fastest).
Acceleration Rate	5	The rate at which the treadmill accelerates to the selected speed, ranging from 1 (slowest) to 5 (fastest).
Turn OFF Stride Sensor Notification	Stride Sensor Button On Pause Button Disabled	This option detects a user using a treadmill but will not go into Pause mode if a user is not detected.

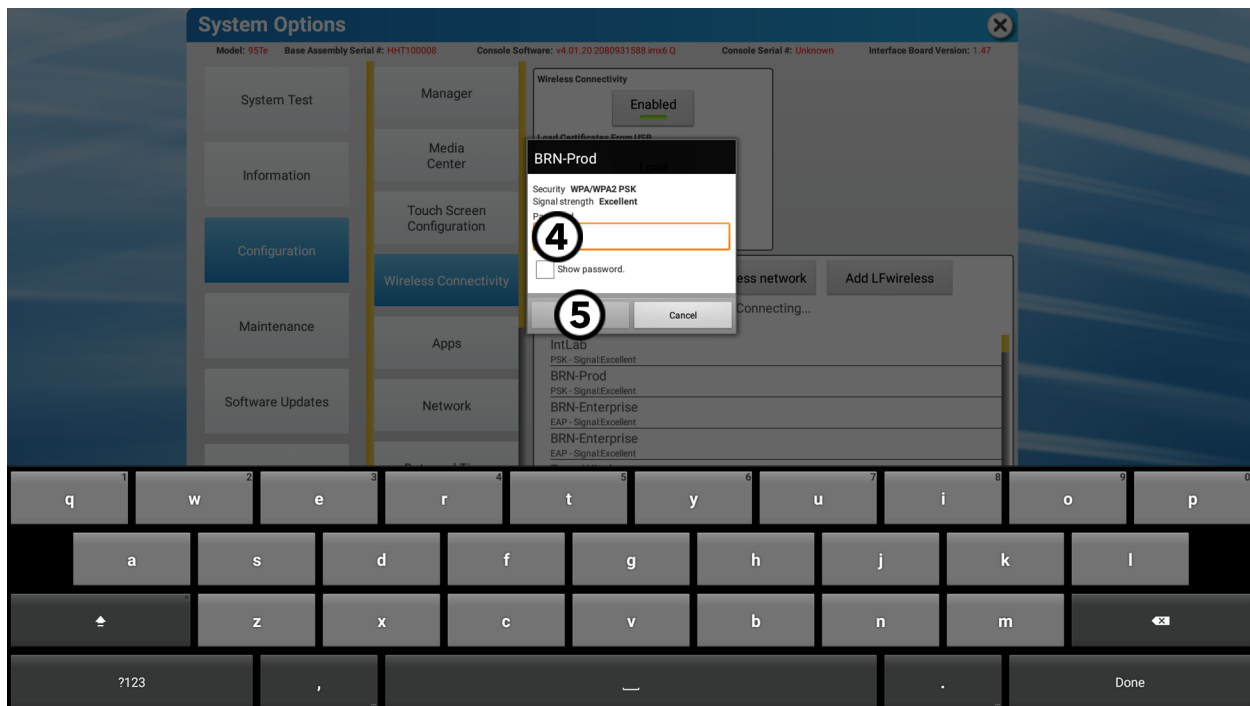
Wireless Connectivity

 **NOTE:** If your equipment is connected to the internet with an Ethernet cable, please see the Ethernet section in the [Configuration](#) menu.



The screenshot displays the 'System Options' interface. At the top, it shows system information: Model: 95Te, Base Assembly Serial #: HHT100008, Console Software: v4.01.20 2080931588 imx6 Q, Console Serial #: Unknown, and Interface Board Version: 1.47. The 'Configuration' menu item is highlighted in the sidebar. The 'Wireless Connectivity' section is active, showing a toggle for 'Enabled' (marked with a circled 1), a 'Load' button for certificates, and an 'Advanced Settings' button. Below this, there are buttons for 'Add Wireless network' (marked with a circled 2) and 'Add LFWireless'. A list of detected wireless networks is shown, with the first entry, 'BRN-Prod', circled with a 3. The status 'Connecting...' is visible between the network list and the 'Add' buttons.

1. Press **Enable/Disable** to activate or deactivate wireless abilities.
2. Press **Scan** to scan for wireless networks in your area.
3. Find and select your wireless router by pressing on the screen.



4. Enter your wireless router's password.
5. Press **Confirm** to establish a connection to your wireless router.

Internet Requirements

Minimum download bandwidth requirements for 1-16 units:

- 2.5 mbps
- +0.25 mbps for more than 16 units.

Minimum upload bandwidth requirements for 1-20 units:

- 0.5 mbps
- +0.25 mbps for more than 20 units.

Wired Local Area Network (LAN) requirements:

You will need to provide the DHCP addresses for all of your units if your units are wired to the internet using an Ethernet cable. You will need a switch capable of aggregating the individual Ethernet cables.

1-7 units

- 8-port 10/100/1000

8-23 units

- 24-port 10/100/1000



24-47 units

- 48-port 10/100/1000

Wireless Local Area Network (LAN) requirements:

- Dual band 2.4/5 GHz wireless router
- WPA2-PSK wireless router security
- Equipment must be mounted to the ceiling or wall. Do not place your wireless routers on the floor.

4. Maintenance and Troubleshooting

-  **NOTE:** Safety of the equipment can be maintained only if the equipment is examined regularly for damage or wear. Keep the equipment out of use until defective parts are repaired or replaced.
-  **NOTE:** Pour assurer la sécurité du matériel, il convient de l'inspecter régulièrement afin de déceler tout signe d'usure ou d'endommagement. N'utilisez pas l'appareil avant d'avoir réparé ou remplacé les pièces défectueuses.

The following preventive maintenance tips will keep the product operating at peak performance:

- Locate the product in a cool, dry place.
- Clean the display console and all exterior surfaces with an approved or compatible cleaner (see [Approved and Compatible Cleaners](#)) and a microfiber cloth.
- Long fingernails may damage or scratch the surface of the console; use the pad of the finger to press the selection buttons on the console.

Approved and Compatible Cleaners

Two preferred cleaners have been approved by reliability experts: PureGreen 24 and Gym Wipes. Both cleaners will safely and effectively remove dirt, grime and sweat from equipment. PureGreen 24 and the Antibacterial Force formula of Gym Wipes are both disinfectants that are effective against MRSA and H1N1.



PureGreen 24 is available in a spray which is convenient for gym staff to use. Apply the spray to a microfiber cloth and wipe down the equipment. Use PureGreen 24 on the equipment for at least 2 minutes for general disinfection purposes and at least 10 minutes for fungus and viral control.

Gym Wipes are large, durable pre-moistened wipes to use on the equipment before and after workouts. Use Gym Wipes on the equipment for at least 2 minutes for general disinfection purposes.

Contact Customer Support Services to order these cleaners (1-800-351-3737 or email: customersupport@lifefitness.com).

Mild soap and water or a mild non-abrasive household cleaner can also be used to clean the display and all exterior surfaces. Use a soft microfiber cloth only. Apply the cleaner to the microfiber cloth before cleaning. DO NOT use ammonia or acid based cleaners. DO NOT use abrasive cleaners. DO NOT use paper towels. DO NOT apply cleaners directly to the equipment surfaces.

Troubleshooting

Malfunction	Probable Cause	Corrective Action
No Power.	ON / OFF switch is not in proper position.	Turn the switch to the ON position.
	Power source is insufficient.	Plug treadmill into a dedicated 20 amp circuit. Using a voltmeter, verify power at outlet. If no power exists, reset circuit breaker at panel.
	Line cord is damaged.	Replace line cord. Contact Life Fitness Customer Support Services.
	Line cord is improperly seated in socket.	Inspect power connection at wall outlet and at machine for proper contact.
	 NOTE: International Platinum Club Series Treadmills (PCST) only: You may be in "Energy Saving Mode".	Treadmill will go into Energy Saving Mode after 5 minutes of inactivity. To wake the console, step on the treadmill belt. The treadmill will automatically wake and the console will light up. Waking up the treadmill takes approximately 50 seconds after stepping onto the belt.
 NOTE: International Platinum Club Series Units only (PCSC, PCSR, PCSX): You may be in "Energy Saving Mode".	Unit will go into Energy Saving Mode after 5 minutes of inactivity. To wake the console, pedal until you hear a beep. The unit will automatically wake and the console will light up. Waking the unit takes approximately 50 seconds after beginning to pedal.	
Treadmill striding belt slips off-center.	Floor surface is uneven.	Check levelers and level treadmill. Check striding belt & re-tension as necessary. Refer to Elevation Series 95T Treadmill & PCS Treadmill Discover ST, Discover SI, & Explore Assembly Instructions.
Maximum treadmill speed is reduced.	User is pushing striding belt. This occurs when the runner is running faster than the striding belt will travel, with the result of the striding belt being pushed with the runner's feet.	Instruct users not to push striding belt in either direction.
	User is stalling striding belt. This will occur with heavier users at lower striding belt speeds. The striding belt will "stall" if the user is traveling slower than the striding belt speed.	
	Striding belt/deck malfunctions. The deck laminate is worn through or the underside of striding belt is glazed over (hard, glossy).	Replace belt and deck. Contact Life Fitness Customer Support Services.
	Power source is insufficient.	Plug treadmill into a dedicated 20 amp circuit.
Rubbing sound comes from underneath treadmill.	Foreign objects may be stuck underneath the machine.	Inspect underneath striding belt and machine. Remove any debris or objects that may cause interference with the treadmill.
Display does not illuminate when machine is powered on.	Loose connection at display console or motor control board.	Check all electrical connections for proper attachment. Contact Customer Support Services.

5. Specifications

Specifications

Console Screen Type:	LCD surface capacitive touch screen
LCD Touch Screen Size:	21" diagonal (<i>Treadmill</i>)
LCD Touch Screen Power Requirement:	20.5 - 25.5 VDC @ 3.5 A
Ports:	Type RJ45, interchangeable Network ready connection and Fitness Entertainment port (<i>power compliant with FitLinxx CSAFE specification dated August 4, 2004: 4.75VDC to 10VDC; maximum current of 85mA</i>).
Ambient Temperature Range (<i>Operating</i>)	10C - 40c (<i>nominal 25C</i>)
Temperature Range (<i>Storage / Shipping</i>)	-20C - 60C (<i>key limiting item: LCD Touch Screen</i>)
Humidity Range (<i>Operating</i>)	5% - 85% RH (<i>nominal 40% RH, non-condensing</i>)
Speed Range (<i>Treadmill</i>):	0.1 - 12.0 MPH / 0.1 - 7.4 KPH
Incline Levels (<i>Treadmill</i>):	0% - 15%
USB Device Charging:	Can be used with a USB type A device charger.

Treadmill sound pressure level: Less than 70 db(A) at 7.5 MPH (12 KPH), at user's ear position, belt unloaded. Noise emission under load is higher than without load.

Dimensions

	Physical Dimensions				Shipping Dimensions			
	Depth	Width	Height	Weight	Depth	Width	Height	Weight
ORANGETHEORY console (<i>Treadmill</i>)	4.43 in. (112.5 mm)	20.75 in. (527 mm)	16.62 in. (422.2 mm)	16.6 lbs. (7.53 kg)	6.77 in. (172 mm)	25.59 in. (650 mm)	18.98 in. (482 mm)	21.6 lbs. (9.80 kg)

6. Warranty

What is Covered

This LIFE FITNESS commercial exercise equipment product is warranted to be free of all defects in material and workmanship.

Who is Covered

The original purchaser or any person receiving the product as a gift from the original purchaser. Warranty will be voided on subsequent transfers.

How long it is covered

All coverage is provided by specific Product according to the guidelines listed in Warranty Information.

Who Pays Transportation and Insurance For Service

If the Product or any covered part must be returned to a service facility for repairs, We, Life Fitness, will pay all transportation and insurance charges for the first year. You are responsible for transportation and insurance charge after the first year.

What We Will Do To Correct Covered Defects

We will ship to you any new or rebuilt replacement part or component, or at our option, replace the Product. Such replacement parts are warranted for the remaining portion of the original warranty period.

What is Not Covered

Any failures or damage caused by unauthorized service, misuse, accident, negligence, improper assembly or installation, debris resulting from any construction activities in the Product's environment, rust or corrosion as a result of the Product's location, alterations or modifications without our written authorization or by failure on your part to use, operate and maintain the Product as set out in your Operation Manual ("Manual").

One type RJ45 interchangeable Network ready and Fitness Entertainment port is supplied with the Product. This port complies with the FitLinxx CSAFE specification dated August 4, 2004 stating: 4.75VDC to 10VDC; maximum current of 85mA. Any Product damage caused by a load exceeding this FitLinxx CSAFE specification is not covered by warranty.

All terms of this warranty are void if this product is moved beyond the continental borders of the United States of America (excluding Alaska, Hawaii and Canada) and are then subject to the terms provided by that country's local authorized Life Fitness representative.

What You Must Do

Retain proof of purchase. use, operate and maintain the Product as specified in the Manual; notify the place of purchase of any defect within 10 days after discovery of the defect; if instructed, return any defective part for replacement or, if necessary, the entire Product for repair. Life Fitness reserves the right to decide whether or not a product is to be returned for repair.

How to Get Parts and Service

Refer to the Corporate Headquarters section of this manual for your local service contact information. Reference your name, address and the serial number of your Product (consoles and frames may have different serial numbers). They will tell you how to get a replacement part, or, if necessary, arrange for service where your Product is located.

Exclusive Warranty

THIS LIMITED WARRANTY IS IN LIEU OF ALL OTHER WARRANTIES OF ANY KIND EITHER EXPRESSED OR IMPLIED, INCLUDING BUT NOT LIMITED TO THE IMPLIED WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE, AND ALL OTHER OBLIGATIONS OR LIABILITIES ON OUR PART. We neither assume nor authorize any person to assure for us any other obligation or liability concerning the sale of this Product. Under no circumstances shall we be liable under this warranty, or otherwise, of any damage to any person or property, including any lost profits or lost savings, for any special, indirect, secondary, incidental or consequential damages of any nature arising out of the use of or inability to use this Product. Some states do not allow the exclusion or limitation of implied warranties or of liability for incidental or consequential damages, so the above limitations or exclusions may not apply to you.

Changes in Warranty Not Authorized

No one is authorized to change, modify or extend the terms of this limited warranty.

Effects of State Laws

This warranty gives you specific legal rights, and you may have other rights which vary from state to state and country by country.

Our Pledge To You

Our Products are designed and manufactured to the highest standards. We want you to be completely satisfied with our Products and will do everything possible under the terms of this warranty to keep you secure in knowing you have bought the best!

Warranty Information

	3 years
Console	Electrical and Mechanical Parts, Labor
Treadmill	Frame, Lifespring™ Shock Absorbers, and Motor, Electrical Components, Mechanical Components and Labor

Warranties outside the U.S. may vary.