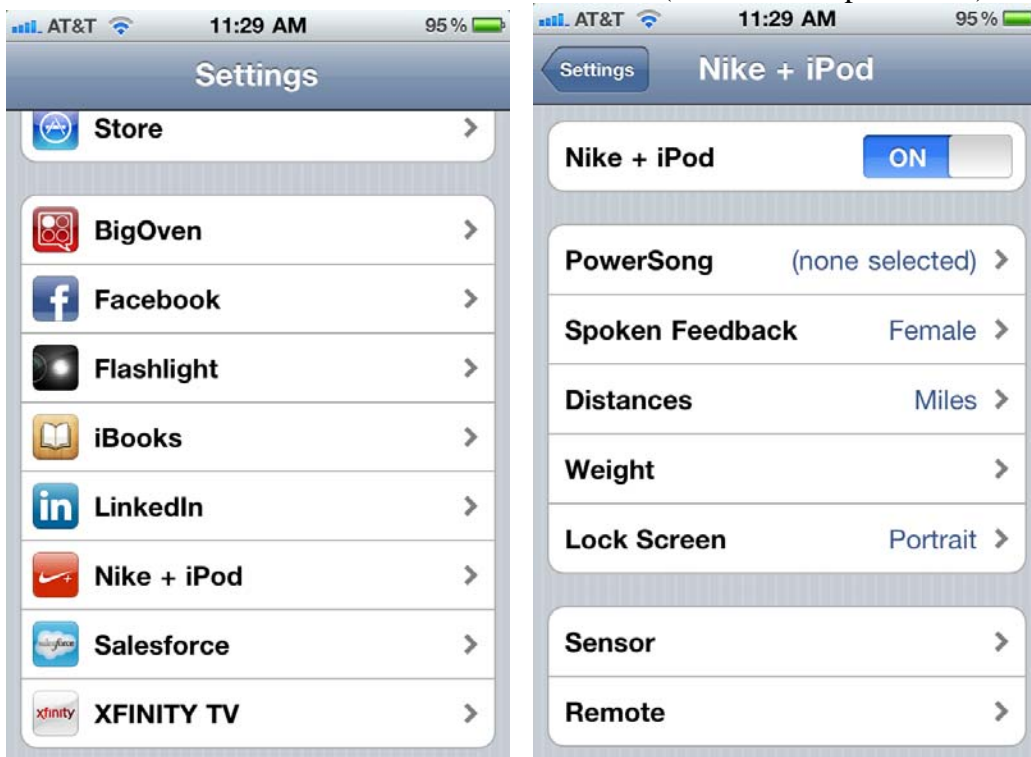


## How to Sync your Nike+ iPod with Cybex Equipment

Verify there is a Nike + decal on the console:



Make sure the Nike + feature is turned on the iPod (iTouch Example Below):



When the dock cable is connected to the iPod, the console will display:



**Note:** The workout summary will be uploaded to your Nike + account once the iPod is connected to a computer with iTunes.

**Nike+ Compatible iPods:**

- iPod Nano 3<sup>rd</sup> Generation (Sept 2007)
- iPod Nano 4<sup>th</sup> Generation (Sept 2008)
- iPod Touch 2<sup>nd</sup> Generation (Sept 2008)